

DIETARY SUPPLEMENT

Carlson

VITAMIN A

25,000 IU with PECTIN

100 SOFT GELS

1161 - 1b

Vitamin A is an essential nutrient in human nutrition. Each soft gel contains 25,000 IU of Vitamin A from fish liver oil. The Vitamin A is dispersed with apple pectin.

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% Daily Value
Vitamin A (from fish liver oil)	25,000 IU	500%

Other Ingredients: Soybean oil, beeswax, apple pectin, lecithin (soybeans), Soft Gel Shell: Beef gelatin, glycerin, water. Contains soy and fish (cod, pollock, haddock).

Directions: Adults take one soft gel three times weekly. Do not exceed recommended dosage. Do not take if you are pregnant or planning to become pregnant.

Natural source. Natural color. Preservative-free. Milk-free. Wheat-free. Yeast-free. Corn-free. Sugar-free. Salt-free. Gluten-free.

Some ingredient separation may occur within soft gels.

WARNING: The recommended daily serving of this product contains more than 10,000 IU of Vitamin A from retinol. Large amounts of Vitamin A from retinol are known to cause birth defects.

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