


Complete Multivitamin with More
Formulated to Support:*

- Cell Health
- Heart Health
- Healthy Blood Pressure††
- Eye Health
- Immunity
- Physical Energy

OFFICIAL SPONSOR



Addresses Your Health Concerns as You Age

Specialized Formula with More of What Matters to Men 50+

Formulated to Support:*

Cell Health	with Antioxidants: Vitamins A, C, E, Zinc, Manganese, Copper and Selenium
Heart Health	with Vitamins B6, B12, C, E and Folic Acid
Healthy Blood Pressure††	with Vitamin C, Calcium, Magnesium and more** Vitamin D
Eye Health	with Vitamins E, A, C and Zinc
Immunity	with Vitamins C, A, E and Selenium
Physical Energy	with Vitamins B6, B12, Pantothenic Acid, Chromium and Folic Acid

** With 25% DV more Vitamin D than Centrum® Silver® Men's (700 IU vs. 600 IU)
†† To help maintain blood pressure levels already within the normal range

Does Not Contain Iron

ONE A DAY®
MEN'S

More of What Matters to You®

OFFICIAL SPONSOR



ONE A DAY®
MEN'S

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

50+
HEALTHY ADVANTAGE

50 65 TABLETS

NEW FORMULA
30% MORE TABLETS!

MORE OF 7 ANTIOXIDANTS!



ONE A DAY®
MEN'S

50+
HEALTHY ADVANTAGE

KEEP OUT OF REACH OF CHILDREN

Do not use this product if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

Does not contain aspirin.

EXPIRATION DATE: 4/14

Directions: Adults: One tablet daily, with food.

Supplement Facts
Serving Size: One tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (20% as beta-carotene)	3500 IU	70%	Niacin	20 mg	100%	Magnesium	110 mg	28%
Vitamin C	120 mg	200%	Vitamin B6	6 mg	300%	Zinc	24 mg	160%
Vitamin D (as Vitamin D3)	700 IU	175%	Folic Acid	400 mcg	100%	Selenium	117 mcg	167%
Vitamin E	25.5 IU	85%	Vitamin B12	25 mcg	417%	Copper	2.2 mg	110%
Vitamin K	20 mcg	25%	Biotin	30 mcg	10%	Manganese	4.2 mg	210%
Thiamin (B1)	4.5 mg	300%	Pantothenic Acid	15 mg	150%	Chromium	180 mcg	150%
Riboflavin (B2)	3.4 mg	200%	Calcium (elemental)	120 mg	12%	Molybdenum	90 mcg	120%
			Iron	0 mg	0%	Lycopene	370 mcg	*
			Iodine	150 mcg	100%			

* Daily Value not established.

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Microcrystalline Cellulose, Ascorbic Acid, Croscarmellose Sodium, Zinc Oxide, Gelatin, dl-Alpha-Tocopheryl Acetate, Hydroxypropyl Methylcellulose; Less than 2% of: Beta-Carotene, Biotin, Brewer's Yeast, Cholecalciferol, Chromium Chloride, Cupric Oxide, Cyanocobalamin, D-Calcium Pantothenate, Dicalcium Phosphate, FD&C Blue #1 Lake, FD&C Blue #2 Lake, Folic Acid, Lycopene, Maltodextrin, Manganese Sulfate, Niacinamide, Phytonadione, Polyethylene Glycol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Molybdate, Sodium Selenate, Soybean Oil, Starch, Stearic Acid, Thiamine Mononitrate, Titanium Dioxide (color), Vitamin A Acetate.

A COMPLETE MULTIVITAMIN WITH MORE OF WHAT MATTERS TO MEN 50+
As a man over 50, you want to support your body as you age, but did you know that cells are a major factor in the aging process? One A Day® Men's 50+ Healthy Advantage is a specially designed multivitamin to help address many of a man's health concerns as he ages, as well as the health of his cells. Now it has more of 7 cell-protecting antioxidants to help support your cells.*

*With 20% DV more Vitamin A (3500 IU vs. 2500 IU), 100% DV more Vitamin C (120 mg vs. 60 mg), 10% DV more Vitamin E (25.5 IU vs. 22.5 IU), 10% DV more Zinc (24 mg vs. 22.5 mg), 10% DV more Selenium (117 mcg vs. 110 mcg), 10% DV more Copper (2.2 mg vs. 2 mg), and 10% DV more Manganese (4.2 mg vs. 4 mg) than previous formula.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Questions or comments?
Please call 1-800-800-4793 (Mon - Fri 9AM - 5PM EST)
Visit our website at www.oneaday.com

Bayer HealthCare LLC
Consumer Care
P.O. Box 1910
Morristown, NJ 07962-1910 USA

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