



Sundown
NATURALS

Each Sundown VITAMINS TO GO® Packet For Men includes these important Nutrients:

- The Antioxidants
Beta Carotene,
400 IU **Vitamin E** and
300 mg **Vitamin C*****
- **B-Maxi Complex**
- **Zinc**

Sundown VITAMINS TO GO®
is specially formulated to support:

- Healthy reproductive system***
- Healthy heart***
- Immune system***
- Muscle health***
- Antioxidant support***
- Proper Metabolism***

Questions? Call toll free
1-888-VITAHELP (848-2435),
or visit us at
www.sundownnutrition.com

Manufactured by SUNDOWN, INC.
Boca Raton, FL 33487 USA

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**30 INDIVIDUAL
DAILY PACKETS**

BENEFITS

VITAMINS TO GO®

**Specially Formulated for
MEN**

Actual Size

Complete with:

- The Antioxidants
**Beta Carotene,
Vitamins E & C*****
- **B-Maxi Complex**
- **Zinc**

30 INDIVIDUAL DAILY PACKETS

DIETARY SUPPLEMENT

VITAMINS TO GO®

Sundown VITAMINS TO GO®
makes it easy to stay healthy.***
No need to guess the right dosage
and no need to buy and store
several different bottles. You have
most of your nutrient needs in one
convenient packer.

Sundown VITAMINS TO GO® is perfect for anyone on the go. It is great for the daily morning rush, travelers, handy for office, school or sports. Just take along the number of packets you will need and put them in your pocket or briefcase.

Sundown VITAMINS TO GO®
for Men is a special combination of
nutrients men need to support
good health.***

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A DRY PLACE AND
AVOID EXCESSIVE HEAT.
TAMPER RESISTANT: DO NOT USE IF
OUTER WRAP IS TORN OR MISSING.**

30 INDIVIDUAL DAILY PACKETS

Sundown's Vitamin E 400 IU (1 Softgel):

Vitamin E is an antioxidant that helps promote a healthy heart.*** It helps fight cell-damaging free radicals in the body and works with Vitamin C and Beta Carotene to provide antioxidant support.*** Vitamin E helps maintain a healthy circulatory system and is an essential nutrient important for health.***

**Sundown's B-Maxi Complex
(1 Tablet):**

The B Complex vitamins are essential in maintaining healthy nerves, skin and muscles.*** They are required for the proper metabolism of carbohydrates, fats and proteins.***

Sundown's C-500® DV All Inclusive Complex (1 Tablet):

Vitamin C is essential for the growth and maintenance of tissues and organs.*** Vitamin C acts as an antioxidant to help support healthy cells and body systems.*** Vitamin C is vital to the production of collagen and provides the support necessary for proper cardiovascular function.***

**Sundown's Beta Carotene
(1 Softgel):**

As a source of Vitamin A, this important antioxidant helps support cellular health *** It contributes to healthy eyes and skin *** Beta-Carotene also promotes healthy immune function. ***

Sundown's Zinc (1 Tablet):

Essential for cell division, repair and growth, Zinc also works with the immune system and supports healthy reproductive function.***

Supplement Facts

Serving Size 1 Packet

Amount Per Serving	%Daily Value	
Calories	5	
Total Carbohydrate	-1 g	<1%
Vitamin A (100% as Beta Carotene)	10,000 IU	200%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin E (as α -Tocopheryl Acetate)	400 IU	1,333%
and α -Tocopheryl plus δ -Tocopherol and γ -Tocopherol		
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	15 mg	3,000%
Riboflavin (Vitamin B-2)	17 mg	1,000%
Niacin (as Nicotinamide)	200 mg	1,000%
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg	1,000%
Folic Acid	400 mcg	1,000%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	1,000%
Pantothenic Acid (as D-Calcium Pantothenate)	100 mg	1,000%
Calcium (as Calcium Sulfate and Dicalcium Phosphate)	83 mg	8%
Phosphorus (as Dicalcium Phosphate)	58 mg	6%
Zinc (as Zinc Gluconate)	25 mg	167%
Sodium	10 mg	<1%
Bioflavonoid Rutin and Quercetin	34 mg	
Citrus Bioflavonoids (Citrus sinensis) (fruit, and Citrus citra (fruit), "fruit," Rutin, Acroest Extract 4:1 (Majupha glabra and/or Majupha pinnatifida) (fruit))		
Rose Co-Factor Blend	2 mg	
Choline Bitartrate		
Para-Aminobenzoic Acid (PABA)		
Inositol*		

*Percent Daily Values are based on a 2,000 calorie diet.
 **Daily Values not established.

Other ingredients: Cellulose (Plant Origin), Gelatin, Soybean Oil, Glycerin, Croscarmellose, Cellulose Coating, Calcium Silicate, Corn Oil, Vegetable Magnesium Stearate, Silica, Yellow Beeswax, Vegetable Stearic Acid, Titanium Dioxide Color, Soy Lecithin, PEG, Polysorbate 80, FD&C Yellow No. 6 Lake.

DIRECTIONS: FOR ADULTS, TAKE ONE (1) PACKET DAILY, PREFERABLY WITH A MEAL. Many minerals can affect the absorption of particular medications. Do not take this product within 2 hours of taking medications. As a reminder, discuss the supplements and medications you take with your health care providers and follow their advice.

WARNING: Not to be used by pregnant or lactating women. Avoid this product if you have a history of kidney stones, smoke or consume alcohol daily or have a history of asbestos exposure. Do not use if you are pregnant or breastfeeding. Consult doctor before use if you have, or have had, kidney disease, gout, a blood or bleeding disorder, a liver, acid, ure, vitamin B-12 or calcium deficiency anemia. Bleeding (nose, gums, skin), dizziness, fainting, headache, muscle pain, numbness, or weakness may occur. If you have had recent surgery or if you are taking ANY MEDICATIONS OR REMEDIES, such as chemotherapy, blood drugs, blood thinners to daily aspirin. **Discontinue use and consult your doctor** if any of the following occur: severe dizziness, weakness, gastrointestinal discomfort, headache, acute sinus infection or sinusitis, dizziness, fainting, swelling, numbness or tingling, fatigue, swelling, numbness or tingling, itching, itching. **Do not use if you are pregnant or breastfeeding.** **NOT INTENDED FOR USE IN PERSONS UNDER THE AGE OF 18.**

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