

Suggested Use: 3 capsules per day or as directed by your physician. Keep out of reach of children. Store in a cool, dry place protected from light.

HoltraCeuticals™



Calm Nature™

Dietary
Supplement

*Promotes Relaxation and Emotional Balance

90 Capsules

HOLTORF MEDICAL GROUP®

CENTERS FOR HORMONE IMBALANCE, HYPOTHYROIDISM AND FATIGUE

Supplement Facts

Serving size: 3 capsules

Servings Per Container: 30	Amount Per Serving	% DV
Thiamin (Vitamin B1 as thiamin hcl)	16 mg	1077%
Magnesium (as magnesium aspartate, magnesium amino acid chelate)	16 mg	4%

Calm Nature (Proprietary Blend) 1462 mg **

Calm Nature (Proprietary formula): Dong qual root, poria, codonopsis root, jujube fruit extract, mimosa tree bark, European peony root, milk thistle seed extract, L-Taurine, biota seed, fo-ti extract, dwarf morning glory root extract, plant enzymes (protease, amylase, lipase, hemicellulase, lactase), N-Acetyl Cysteine, bupleurum extract, lily turf root, ligusticum extract, potassium aspartate, passion flower extract, Chinese peony flower extract, L-Tyrosine, chamomile flower extract, bromelain (2000 gdu), papain (40,000 fcc), calcium amino acid chelate.

* DV (Daily value) not established

Formulated by and manufactured for Kent Holtorf, MD and the Holtorf Medical Group., Inc.
Torrance, CA. (310) 375-2705

Other Ingredients: Rice bran, gelatin (capsule)

If you are under medical supervision seek the advice of your qualified healthcare provider prior to use of this product. Pregnant or lactating women should consult their qualified healthcare provider prior to use.