

# Power Multi-U Vegi Capsules™



Made in the USA  
180 Vegi-Capsules  
Nutritional Supplement

Iron Free with Green Super Foods

## Supplement Facts<sup>#</sup>

Serving Size: 2 Capsules

Servings Per Container: 90

D.V. (Daily Value)

APS (amount per serving)	APS	% D.V.*	APS (amount per serving - no %D.V.)
<b>Vitamin A</b> (from beta-carotene) Equivalent to Vitamin-A-Retinol activity (RE)	12,500 IU	250%	<b>Boron</b> (from Amino Acid Chelate) 0.5 mg
<b>Vitamin C</b> (from calcium ascorbate)	250 mg	415%	<b>Vanadium</b> (from Amino Acid Chelate) 25 mcg
<b>Vitamin D</b> (as Ergocaliferol - vegan source)	100 IU	25%	<b>Spirulina</b> (U.S. Grown) 125 mg
<b>Vitamin E</b> (from d-alpha Tocopheryl Succinate)	100 IU	333%	<b>Barley Grass</b> (Organically grown) 125 mg
<b>Vitamin K</b> (from green foods)	35 mcg	45%	<b>Chlorella</b> (Broken Cell Wall) 50 mg
<b>Thiamine</b> (as HCl - Vitamin B1)	25 mg	1665%	<b>Wheat Grass</b> (Organically Grown) 50 mg
<b>Riboflavin</b> (Vitamin B-2)	25 mg	1470%	<b>Alfalfa Juice Concentrate</b> (Leaf) 50 mg
<b>Niacin</b> (Vitamin B-3 - as Niacinamide)	25 mg	125%	<b>Green Tea Extract</b> (40% Catechins - Leaf) 25 mg
<b>Vitamin B-6</b> (as Pyridoxine HCl)	25 mg	1250%	<b>Choline</b> (from Choline Bitartrate) 25 mg
<b>Folate</b> (as Folic Acid)	400 mcg	100%	<b>Inositol</b> 25 mg
<b>Vitamin B-12</b> (as Cyanocobalamin)	100 mcg	1665%	<b>PABA</b> 15 mg
<b>Biotin</b>	50 mcg	17%	<b>Trace Mineral Blend</b> (Vegan) 50 mg
<b>Pantothenic Acid</b> (as Calcium Pantothenate)	25 mg	250%	<b>Panax Ginseng</b> (5% Ginsenosides - Root) 50 mg
<b>Calcium</b> (from Ascorbate, Carbonate and Citrate)	50 mg	5%	<b>Citrus Bioflavonoids</b> (37% Bioflavonoids as Hesperidin) 25 mg
<b>Iodine</b> (from Kelp)	75 mcg	50%	<b>Rutin</b> 2.5 mg
<b>Magnesium</b> (from Oxide & Citrate)	50 mg	13%	<b>Bromelain</b> (2,000 GDU from Pineapple) 25 mg
<b>Zinc</b> (from Zinc Picolinate)	7.5 mg	50%	<b>Papain</b> (140 MCU from Papaya) 12.5 mg
<b>Selenium</b> (as L-Selenomethionine)	25 mcg	35%	<b>Pepsin Enzymes</b> (NF 1:10,000) 12.5 mg
<b>Copper</b> (from Amino Acid Chelate)	250 mcg	13%	<b>Lipase</b> (3,400 USP units) 12.5 mg
<b>Manganese</b> (from Amino Acid Chelate)	2.5 mg	125%	<b>Amylase</b> (20,000 USP units) 5 mg
<b>Chromium</b> (from Chromium Picolinate)	50 mcg	40%	<b>Chlorophyll</b> (from green foods) 4 mg
<b>Molybdenum</b> (from Amino Acid Chelate)	25 mcg	33%	<b>Amino Acids</b> (from green foods) 40 mg
<b>Potassium</b> (from Potassium Chloride)	12.5 mg	<1%	

\* (% D.V.) Percent Daily Values based on 2000 Calorie diet.

# These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Other ingredients: Cellulose (capsule), Magnesium Stearate (vegetable source), Silica, Cellulose and Stearic Acid (vegetable source). Contains soy & wheat derivatives.

Contains no: sugar, salt, starch, yeast, milk, egg or preservatives.

Storage: Store in a cool, dry place. Secure cap tightly after opening.

Caution: Please discard the inedible freshness packet enclosed.

Use: 2 capsules twice daily.

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