

Finest Natural-Source Vitamin E

****TWICE as
Active***

EXCLUSIVE
FORMULA
COMPLETE
E-FAMILY OF
TOCOPHEROLS &
TOCOTRIENOLS

Carlson

Dietary Supplement

E•GEMS[®] Elite

Natural Vitamin E

240 Soft Gels: 400 IU

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**Independently Assayed to Guarantee
100% VITAMIN E POTENCY & NATURAL-SOURCE**

E-Gems[®] Elite is an exclusive blend of 8 forms of natural-source tocopherols and tocotrienols providing the antioxidant benefits of the entire family of Vitamin E.*

Research supports that all natural forms of vitamin E as found in foods have beneficial properties playing roles in protecting body cells from free radical damage.*

E-Gems[®] Elite provides 400 IU of vitamin E as d-alpha tocopherol, plus the benefits of beta, delta and gamma tocopherols and their 4 corresponding tocotrienols.

****The Natural-Source Vitamin E in E-Gems[®] Elite is twice as active as synthetic vitamin E, inside our bodies.*** (by wt.)

Supplement Facts	Serving Size 1 Soft Gel	
	Amount Per Soft Gel	% DV
Vitamin E (as d-Alpha Tocopherol)	400 IU	1333%
d-Gamma Tocopherol	100 mg	☆
d-Beta & d-Delta Tocopherol	40 mg	☆
Total Tocotrienols	20 mg	☆
☆ Daily Value (DV) not established.		

Other Ingredients: Sunflower oil, palm oil, rice bran oil. Soft Gel Shell: Beef gelatin, glycerin, water.

Directions: Take one soft gel once or twice daily, at mealtime.

Natural color. Preservative-free. Gluten-free.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

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• An F.D.A. Regulated Facility •

