



teami

DIRECTIONS: Place 1 teaspoon in a cup of near boiling water between 3-5 minutes. Use a strainer or tea infuser for clearer tea.

TEAMI TIP!

OUR TEA IS ALREADY DELICIOUS, BUT WE SUGGEST THAT OUR TEA LOVERS ADD HONEY, NECTAR OR LEMON IF NEEDED.



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PRODUCT OF HONG KONG
IMPORTED AND DISTRIBUTED BY:
TeaMi LLC, Aventura, Florida USA
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Nutrition Facts

Serving Size 1 tsp. brewed (5g)
Servings Per Container 30

Amount Per Serving

Calories 10

	% Daily Value*
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	4%

Protein 0g

Vitamin A 8%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Yerba Mate, Oolong Tea, Jiao Gulam, Lotus Leaf, Lime Leaf Extract, Ginger Root, Rhubarb Root. CONTAINS PLANT BASED CAFFEINE.

WARNING: Recommended for adults only. If you are taking prescription medication, or are pregnant or nursing, consult your health care provider prior to using this product.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.