

DIRECTIONS: Use one tea bag every other night. Allow tea bag to steep between 1-3 minutes before drinking.

TEAMI TIP!

OUR TEA IS ALREADY DELICIOUS, BUT WE SUGGEST THAT OUR TEA LOVERS ADD HONEY, NECTAR OR LEMON IF NEEDED.



TEAMIBLENDS

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Nutrition Facts

Serving Size 1 tea bag.brewed (2g) Servings Per Container 15

A	
Amount Per Serving	
Calories 20	
	% Daily Value*
Total Fat 0g	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Protein 0g	
*Percent Daily Values are based on a 2,000 calorie	

INGREDIENTS:Senna Leaf and Hawthorn Berry Extract, Lotus Leaf, Lime Leaf and Extract, Psyllium Husk Seed, Phaseolus Calcaratus Seed, Rhubarb Root, Poria Cocos Stem Bark, Valerian Root. CONTAINS PLANT BASED CAFFEINE.

diet.

WARNING: Recommended for adults only. If you are taking prescription medication, or are pregnant or nursing, consult your 9 health care provider prior to using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.