

DietEz

Provides high levels of vitamins and minerals and bioactive food components for broad-spectrum nutritional support.* Formulated as hypoallergenic as possible to support detoxification.*

Now with 5-MTHF, Methylcobalamin, and LactoSpore®.

Suggested Use

As a dietary supplement, 1 or 2 scoops daily, or as directed by a healthcare professional. Mix in 8 oz of liquid

Variations in product color may occur. Keep in a cool, dry place, tightly capped. Product is sold by weight not by volume. Some settling may occur.

Not labeled for sale in California.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Formulated exclusively
for NutriCology®
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LactoSpore® is a registered
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DietEz

Nutritional and Detox Support*



900 grams (31.7 oz.)

Supplement Facts

Serving Size 2 Scoops (40 g)
Servings Per Container 22

Amount Per Serving	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value*
Calories 130	Riboflavin (as Riboflavin-5-Phosphate)	10 mg 588%	Molybdenum (as Sodium Molybdate)	50 µg 67%
Calories from Fat 15	Niacin (as Niacinamide)	15 mg 75%	Potassium (as Potassium Iodide and Dipotassium Phosphate)	120 mg 3%
Total Fat 2 g 3%	Vitamin B6 (as Pyridoxine Hydrochloride)	15 mg 750%	Boron (as Sodium Tetraborate)	250 µg †
Saturated Fat 0.5 g 3%	5-Methyltetrahydrofolate (from 185 µg [6S]-5-methyltetrahydrofolic acid, glucosamine salt)	100 µg 25%	N-AcetylCysteine	50 mg †
Sodium 20 mg 1%	Vitamin B12 (as Methylcobalamin)	50 µg 833%	L-Glutathione (reduced)	50 mg †
Total Carbohydrates 21 g 7%	Biotin	150 µg 50%	Glycine	1.8 g †
Dietary Fiber 4 g 16%	Pantothenic Acid (Calcium Pantothenate)	200 mg 2000%	Taurine	200 mg †
Sugars 11 g	Phosphorus (as Calcium Phosphate and Potassium Phosphate)	120 mg 12%	L-Glutamine	1 g †
Protein 17 g 34%	Iodine (as Potassium Iodide)	8 µg 5%	Alpha-Lipoic Acid	20 mg †
Vitamin A (56% as Beta-Carotene, 22% as Retinyl Palmitate and 22% as Mixed Carotenoids)	Magnesium (as Magnesium Citrate and Magnesium Ascorbate)	200 mg 50%	MSM (Methylsulfonylmethane)	100 mg †
7000 IU 140%	Zinc (as Zinc Picolinate)	10 mg 67%	Quercetin Dihydrate	100 mg †
Vitamin C (as Magnesium Ascorbate)	Selenium (as Selenomethionine)	40 µg 57%	Green Tea (Leaf) Extract (standardized to 80% Catechins)	25 mg †
300 mg 500%	Copper (as Copper Gluconate)	1 mg 50%	Grape (Seed) Extract (standardized to 95% Oligomeric Proanthocyanidins)	25 mg †
Calcium (as Calcium Citrate, Calcium Phosphate, and Calcium Pantothenate)	Manganese (as Manganese Gluconate)	1.3 mg 65%	Grape (Skin) Extract (standardized to 50% Polyphenols)	15 mg †
300 mg 30%	Chromium (as Chromium Picolinate)	80 µg 67%	LactoSpore® (Bacillus coagulans MTCC 5856)	300 Million CFUs** †
Iron (as Ferric Ammonium Citrate)				
3 mg 17%				
Vitamin D3 (as Cholecalciferol)				
130 IU 33%				
Vitamin E (as Mixed Tocopherols)				
100 IU 333%				
Thiamine (as Thiamine Hydrochloride)				
15 mg 1000%				

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established. ** Viable cell count at the time of manufacture.

Other ingredients: Rice protein concentrate, rice bran, rice syrup solids, microcrystalline cellulose, rice bran oil, natural cherry flavor.

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