



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

GTF Chromium

Mineral Supplement

200 capsules • 100 mcg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule one to two times per day with water.

WARNING: Because chromium may enhance insulin sensitivity and affect glucose levels, diabetics and hypoglycemics should consult their healthcare provider before using this product.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Chromium	100 mcg	286%
(from ChromeMate® and chromium polynicotinate)		

Other ingredients: Rice flour, gelatin.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com

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patents #4,923,855; #4,954,492; and #5,194,615.

CHROMEMATE®



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