

Taurine 1000 mg

Taurine is a semi-essential amino acid. Free form amino acid, high purity, well tolerated.

Suggested Use

As a dietary supplement, 1 capsule one or two times daily between meals, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.



Taurine 1000 mg

Free Form Amino Acid

Hypoallergenic

Dietary Supplement



250 vegetarian capsules



Supplement Facts

Serving Size	1 Capsule
Servings Per Container	250

Amount Per Serving	% Daily Value*
Taurine	1000 mg †

† Daily Value not established. * Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, hydroxypropyl cellulose, silicon dioxide, magnesium stearate, gum acacia.

Formulated exclusively for NutriCology®
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