

Our **Lignan Rich Flax Seed Oil** is cold-expeller pressed which provides a potent source of valuable **Omega-3** fatty acids and **Lignan** for your good health.

- 100% Organic / Pesticide Free
- Unrefined / Unfiltered
- Twice as much Omega-3 as fish oil

Suggested Use: Take three (3) capsules, three (3) times a day.

Keep out of reach of children.

Each light-resistant capsule provides approx:

- Omega-3	445 mg
- Omega-6	130 mg
- Omega-9	145 mg
- Flaxseed particulates (Lignan rich)	190 mg

#10062



Flax Seed Oil

1000mg Capsules

100% Organic • Lignan Rich

Dietary Supplement

100 Capsules

www.MartinAvenue.com

Supplement Facts

Serving Size 3 Capsules (3.0 g); Servings per Container: 33

	Amount Per Serving	DV%
Calories	25	
Calories from Fat	22	
Total Fat	2.4 g	4%
Polyunsaturated Fat	1725 mg	*
Monounsaturated Fat	435 mg	*
Omega-3 Fatty Acids	1335 mg	*
Flaxseed particulate	570 mg	*

Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Ingredients: Flax seed oil, flaxseed particulates, gelatin, carob powder, and water.

QUALITY AND POTENCY GUARANTEED

Formulated for:
Martin Avenue Pharmacy, Inc.
"We Make It Better..."
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