

CAOH Cider Trim Vinegar Caps is a traditional holistic formula to support the body's natural fat metabolism. As with any dietary support supplement, this product only works in conjunction with regular exercise and a healthy diet high in fruits and vegetables, and low in animal fats and sugars. CAOH Cider Trim Vinegar Diet uses a combination of Apple Cider Vinegar, Kelp, Lecithin and B-6 is a time-tested formula used by millions in the U.S. for decades. CAOH has reintroduced this proven combination and added powdered Glucomannan, a fibrous tuber, Grapefruit Fiber and chelated Chromium for synergistic support.

California Academy of Health (CAOH)

Web: www.caoh.com

Email: info@caoh.com

Phone: 800-643-7188



**Vegetarian
Dietary Supplement
180 Capsules**

Cider Trim

Vinegar Diet Formula

**With Grapefruit, Lecithin, B-6, Chromium, Kelp
& Glucomannan (from Konjac Root)**

Supplement Facts#

Serving Size: 2 Capsules

Servings per Bottle: 90

	Amount Per Serving	% Daily Value
Vitamin B6 (from Pyridoxine HCl)	7 mg	350%
Chromium (from Chromium Chelavite®)	200 mcg	167%
Apple Cider Vinegar Powder (20 to 1 concentrate)	500 mg	*
Soy Lecithin	200 mg	*
Glucomannan (from Konjac Root) (<i>Amorphophallus konjac</i>)	100 mg	*
Kelp (<i>Laminaria digitata</i> & <i>Ascophyllum nodosum</i>)	74 mg	*
Grapefruit Fiber	30 mg	*

* Percent Daily Value Not Established and Based on a 2000 Calorie Diet.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Other Ingredients: Gelatin (capsule), maltodextrin, food starch, silica and magnesium stearate (vegetable source).

Contains no: wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients.

Suggested Usage: Take 1-2 capsules 1 to 2 times daily with food. Store in a cool, dry place after opening.

For adult use only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. This product contains Glucomannan. Take as recommended. Without drinking enough liquid, the product may swell in the throat, causing blockage or choking. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Take plenty of water with this product in conjunction with a temporary, reduced-calorie diet and regular exercise. Do not eat freshness packet. Keep in bottle. Natural color variation may occur in this product.

