

Suggested use: 3 capsules with at least 8 ounces of water twice daily. The capsules may also be pulled apart, if desired, and the contents stirred into 8 ounces of water or juice.

This dietary supplement contains a grain-free blend of dietary fiber components including cellulose, hemicellulose, pectic substances, mucilages, algal polysaccharides, lignin, and other naturally-occurring fiber related substances.

Store in a cool, dry place, away from direct light.

Keep out of reach of children.

Formulated for: **Martin Avenue Pharmacy, Inc.**
"We Make It Better..."
Naperville, IL 60540
(630) 355-6400

#10060



Fiber Blend

Natural Mix of Soluble Fibers

Dietary Supplement
120 Capsules
www.MartinAvenue.com

Supplement Facts

Serving Size 3 Capsules

Amount Per Servings		DV%
Dietary Fiber less than	1 g	3%
Proprietary blend	1.5 g	*
Glucomannan		*
Carrot Root		*
Celery Stalk and Leaves		*
Citrus Pectin		*
Apple Pectin		*
Sodium Alginate		*
Slippery Elm Bark		*

*Daily Value not established.

Other Ingredients: Gelatin, cellulose, water, and magnesium stearate.

QUALITY AND POTENCY GUARANTEED