

BODY FORTRESS® NOS CONCENTRATE

Body Fortress® NOS Concentrate has taken key components of our original formula and concentrated them into one powerful pre-workout blend. Body Fortress® NOS Concentrate helps to sustain mental focus during the most challenging sessions at the gym.* Each serving combines caffeine, creatine and amino acids to provide the nutrients necessary for a multi-phase workout without the need for stacking. Our formula works with the neural system and normal metabolic processes to provide energy magnification for both the mind and the body.* Taken before workouts, Body Fortress® NOS Concentrate helps maximize any serious athlete's training.*

FREE OF: yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, artificial flavor, sodium (less than 5 mg per serving).

Use in conjunction with an intense daily exercise program and a balanced diet, including an adequate caloric intake.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease or are allergic to aspirin. Discontinue use and consult your doctor if any adverse reactions occur. This product contains caffeine. Avoid additional consumption of caffeine, which may intensify adverse effects. Not intended for use by persons under the age of 18.

NOTICE: Beta-alanine may cause a temporary tingling sensation, which is a normal reaction.

Contents are sold by weight. Some settling may occur.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CarnoSyn®
Carnosine Synthesizer

BODY FORTRESS®

NOS
CONCENTRATE

PRE-WORKOUT PERFORMANCE FORMULA

**> CONCENTRATED BLEND OF:
CREATINE, NOS INDUCERS, CAFFEINE**

LEMON-LIME NATURAL FLAVOR

DIETARY SUPPLEMENT
NET WT. 8.8 oz. (0.5 lb.) (250 g)

Directions: For adults, mix two (2) or three (3) scoops with 4-8 fl. ounces of water or juice and consume 30-45 minutes before your workout. Limit your use to no more than three (3) scoops in a 24-hour period. Begin with half the recommended dosage to assess individual tolerance.

Supplement Facts

Serving Size	2 Scoops (11 g)	3 Scoops (16.5 g)
Servings Per Container	about 22	about 15
Amount Per Serving	%Daily Value	%Daily Value
Performance Catalyst Blend	8,954 mg (8.95 g) **	13,431 mg (13.43 g) **
Creatine Monohydrate, L-Arginine AKG, CarnoSyn® Beta Alanine, Taurine, L-Glutamine, Caffeine Anhydrous (100 mg per scoop), White Willow (<i>Salix alba</i>) (bark) (standardized to contain 15% Salicin)		
**Daily Value not established.		

Other Ingredients: Citric Acid, Natural Lemon-Lime Flavor, Silica, Sucralose, Turmeric Powder.
Contains soy ingredients.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Carefully Manufactured by
Healthwatchers (DE), Inc.
Bohemia, NY 11716 U.S.A.
1-800-215-5980



BODY FORTRESS®

YOUR BODY - YOUR FORTRESS.®

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