

**YOUR BODY.
YOUR FORTRESS.™**

FRUIT PUNCH
NATURALLY FLAVORED

BODY X FORTRESS®

Body Fortress® Super Protein Shot makes it easy to get the protein your body needs with 26 grams packed into an amazing tasting shot. Throw one down any time you want to provide your muscles with critical amino acids from protein, including all three Branched Chain Amino Acids (BCAAs) - Isoleucine, Leucine and Valine. Body Fortress® Super Protein Shot is perfect for exercise recovery, as an addition to your meals, or for keeping amino levels elevated in between meals or before bed. You can get your protein blast quickly in this 2.9 ounce vial and then reuse it as a supplement holder.

Directions: For adults, consume one vial during or after exercise, or as needed.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF THE REACH OF CHILDREN. STORE UNOPENED CONTAINER AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF CAP IS BROKEN.

REFRIGERATE AFTER OPENING

Container is patent pending

BODY X FORTRESS®

26g
PROTEIN

SUPER PROTEIN SHOT
ULTIMATE RECOVERY FUEL
SUPPORTS EXERCISE RECOVERY • WITH BCAAs • ZERO SUGAR

PROTEIN DRINK
2.9 fl. oz. (86 mL)

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.



1-800-215-5980
Carefully Manufactured by
Healthwatchers (DE), Inc.
Bohemia, NY 11716 U.S.A.

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Nutrition Facts

Serving Size 1 Vial

Amount Per Serving

Calories 120	Calories from Fat 0
	%Daily Value*
Total Fat 0g	0%
Sodium 95mg	4%
Total Carbohydrate 0g	0%
Sugars 0g	
Protein 26g	

Not a significant source of Vitamin A, Vitamin C, Calcium, Iron.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Purified Water, Proprietary Protein Blend (Hydrolyzed Collagenic Protein Isolate, Whey Protein Isolate, Casein Protein Isolate), Phosphoric Acid, Natural Flavors, Branched Chain Amino Acids (Leucine, Isoleucine, Valine), Potassium Sorbate (preservative), Sodium Benzoate (preservative), Sucralose, Citric Acid, FD&C Red 40, Calcium Disodium EDTA, Acesulfame Potassium.

Contains milk ingredients.

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For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

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