Glucosamine, chondroitin, and MSM are three popular ingredients that are combined to provide comprehensive joint support. Our glucosamine complex provides a special blend of three sources of glucosamine, including glucosamine sulfate, n-acetyl d-glucosamine, and glucosamine hydrochloride.

Glucosamine is a building block of joint tissue, and helps the body manufacture substances necessary for healthy joints. Chondroitin is a natural extract from beef cartilage and helps fight the breakdown of tissue and cartilage in the body. MSM provides naturally occurring organic sulfur, which is a necessary component for making collagen, a primary constituent of joints, cartilage and other connective tissues. Used in combination, our Glucosamine Chondroitin MSM formula provides a convenient supplement to support healthy joints.†



OptiMSM® is a registered trademark of Cardinal Associates, Inc.

WE GUARANTEE OUR SUPPLEMENTS FOR POTENCY AND PURITY

To report a serious adverse event, call 1-888-710-0006

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dietary supplement

120 TABLETS

Available from Blue Mountain Pharmacy & Nutrition Center Columbia, MD 21046 888-248-3266 www.NutraSportPharmacy.com

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 120

Amount Per Serving

% Daily Value

Glucosamine Complex
[as d-glucosamine HCI, n-acetyl

d-glucosamine, glucosamine sulfate

(from crab, shrimp, oyster shells, crayfish

and lobster)] 375 mg
Chondroitin Sulfate 300 mg

MSM (methylsulfonylmethane) (OptiMSM®) 375 mg

Daily Value not established.

This product contains glucosamine sulfate from shell fish.

Other Ingredients: Cellulose, modified cellulose gum, stearic acid (vegetable source), magnesium stearate (vegetable source), silica, and glycerin.

SUGGESTED USE: Take one tablet daily with food up to three times daily.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, or fish.

KEEP OUT OF REACH OF CHILDREN.

VL 839-120J