

Supplement Facts

Serving Size: 2 Tablets
Servings per Container: 30

Amount per serving		% Daily Value
Vitamin A (as beta carotene)	1000 IU	20%
Vitamin C (as ascorbyl-palmitate)	90 mg	150%
Vitamin D3 (cholecalciferol)	1000 IU	167%
Vitamin B1 (as thiamine hydrochloride)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folic Acid	400 mcg	100%
Vitamin B12 (as methylcobalamin)	40 mcg	667%
Biotin	3000 mcg	1000%
Calcium (as calcium citrate)	200 mg	20%
Zinc (as zinc citrate)	10 mg	67%
L-Cysteine	100 mg	*
Opti-MSM®	100 mg	*
Bamboo Extract (<i>Bambusa vulgaris</i>)	300 mg	*
(stems) (standardized to 70% silica)		
Alpha Lipoic Acid	25 mg	*
Green Tea Extract (45% EGCG)	100 mg	*
Lutein	1 mg	*

* Daily Value not established

Other Ingredients: Vegetable cellulose, vegetable oils, silica, pharmaceutical glaze.

Suggestions for use: As a dietary supplement, take 2 tablets daily, preferably with food or as directed by your healthcare practitioner.

Does not contain: Corn, soy, wheat, yeast, lactose, citrus, milk, egg or fish products, sugar, salt, starch, artificial coloring, flavoring or preservatives. **Gluten free.**

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FEMBODY NUTRITION

NEXT GENERATION HAIR, NAILS & SKIN

Breakthrough nutrition for advanced complete hair, nails and skin support. Transform hair, nails and skin with this cutting-edge blend of nourishing ingredients. Activate beauty from the inside out.

**WARNING: KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF OUTER SEAL IS BROKEN OR MISSING.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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HAIR, NAILS & SKIN BEAUTY ACTIVATOR

Breakthrough Bamboo Extract, nature's richest source of silica, combined with essential nutrients for more radiant hair, nails and skin.*

60 TABLETS
DIETARY SUPPLEMENT

As women, we want real results.

Fembody's advanced nutritional formulas are designed to:

- Address the core health needs of women
- Utilize scientifically proven breakthrough ingredients
- Deliver noticeable results

Check out other products in the Fembody line designed to complement your nutrition goals.



LEARN MORE ABOUT
**HAIR, NAILS & SKIN
BEAUTY ACTIVATOR.**
SCAN FOR MORE
INFORMATION.