

Healthy Items

Supplement Facts

Serving size: 1 Teaspoon (5ml)
Serving per container: 96

	Amount	%DV*
Calories	9	
Fat (Phospholipids from Lecithin)	1gr	0.5%
Trans Fats & Saturated Fats	0	
Vitamin C (as Sodium Ascorbate)	1.0 gr	1666%
Vitamin B1 (as Thiamine Hcl)	16 mg	1065%
Vitamin B6 (as Pyridoxine Hcl)	16 mg	800%
Vitamin B12 (as Cyanocobalamin)	16 mcg	266.5%
Folic Acid	400 mcg	100%
Glutathione	25 mg	**
Co-Q10	25 mg	**
Curcumin	25 mg	**
Resveratrol	25 mg	**

* Percent daily values are based on a 2,000 calorie diet.

** Daily Value Not Established.

Other ingredients: Purified water, Phospholipids from Soy Lecithin, Stevia, Minerals from Sea of Cortez, Natural flavor and Potassium sorbate.

These statements have not been approved by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

*Liposomal
Nutritionals*

Liposomal CAN-HELP Complex

*Liposomal Formulation of
Vitamin C, Glutathione,
Curcumin, Resveratrol,
CoQ10, B1, B6 & B12*

"The Wave of the Future"

SUGGESTED USE

1 tsp to 1 oz (2 Tbsp) with or without food, 1 to 3 times daily, or as directed by your healthcare provider.

For best taste, mix in 1oz or more cold water, juice or yogurt.

Store in a cool, dark place away from sunlight and refrigerate after opening. Best if consumed within 30 days of opening.

Consult your healthcare provider if you are pregnant or breastfeeding before consuming this product.

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HealthylItems.com

16 fluid ounces