

Healthy Items

SUGGESTED USE

Serving Size: 1 Tablespoon

Servings per bottle: 32

Amount per Tablespoon:

Calories	27
Fat	4.5 g
Vitamin B1 (Thiamine HCL).....	50 mg
Vitamin B3 (Niacin).....	10 mg
Vitamin B5 (Pantothenic Acid)	60 mg
Vitamin B6 (Pyridoxin HCL)	50 mg
Vitamin B12 (Cyanocobalamin)	50 mcg
Folic Acid	5 mg
Absorbable Iron	5 mg
Trans Fats	0
Saturated Fats	0

Other Ingredients: Purified Water,
Phospholipids of Soy Lecithin, Stevia,
Natural Flavors, Potassium Sorbate

These statements have not been approved by
the FDA. This product is not intended to diagnose,
treat, cure or prevent any disease.

Liposomal B-COMPLEX *with Iron*

*BOOSTS RED BLOOD
CELL PRODUCTION!
INCREASES ENERGY
AND VITALITY!*

"The Wave of the Future"

SUGGESTED USE

1 teaspoon to 1 oz (2 T) daily, with
or without food or as directed by
your healthcare provider.

Shake gently. Drink straight or mix
in 1 oz or more cold water or juice.

Store in a cool, dark place away
from sunlight and refrigerate after
opening. Best if consumed within
30 days of opening.

Consult your healthcare provider
if you are pregnant or breastfeeding
before consuming this product.

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HealthyItems.com

16 fluid ounces

