

## Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	%DV
Silicon (as Choline-Stabilized Orthosilicic Acid) (ch-OSA®)	5 mg	*
Choline (as ch-OSA®)	100 mg	*

\*Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Purified Water, Capsule Shell consists of Hydroxypropyl Methyl-Cellulose.

## Clinical Facts

Choline-Stabilized Orthosilicic Acid (ch-OSA®)

	Clinically Proven Dosage
Clinically Proven for Skin†	1 capsule, 2 times daily
Clinically Proven for Hair†	1 capsule, 2 times daily
Clinically Proven for Nails†	1 capsule, 2 times daily

ch-OSA® has been tested in rigorous double-blind placebo controlled clinical trials for both efficacy and safety. The results are published in peer reviewed medical journals (see insert for details).

MADE IN BELGIUM

Manufactured by:  
Bio Minerals NV  
Zenderstraat 12  
B-9070 Destelbergen  
Belgium  
1-800-219-6117  
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## Nourish Your Body's 3 "Beauty Proteins"- Naturally!†

The condition of your skin, hair, and nails depends on three proteins:

**Collagen** "plumps" skin, removing wrinkles and preventing them from forming.† In addition, collagen is essential for strong, healthy bones and joints.†

**Keratin** is the protein that's packed into your hair shaft. It gives your hair thickness, body, strength, and elasticity.† Plus, keratin gives your nails strength and clarity.†

**Elastin** gives your skin its ability to stretch and "bounce back" preventing fine lines and wrinkles.†

With age, collagen, keratin and elastin decline.

**BioSil®**, with clinically proven ch-OSA®, is specifically formulated to help nourish your body's 3 beauty proteins and restore them to more youthful levels.†

## The Breakthrough in Collagen!

Collagen is essential for beautiful skin, hair and nails as well as healthy bones and joints.† But starting at age 18, collagen diminishes 1% per year. By age 30, the signs become visible. For years, scientists searched for a method to give the human body the ability to regenerate its own collagen. But it took BioSil's landmark discovery of ch-OSA® to make it a reality.† Its capacity to generate collagen with your own DNA fingerprint makes ch-OSA® the genuine breakthrough in collagen.†

DIRECTIONS: Take one capsule, two times per day.

Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

THIS PRODUCT DOES NOT CONTAIN SOY, DAIRY, EGG, CORN, WHEAT, GLUTEN, FISH/SHELLFISH, NUTS/TREE NUTS.



KEEP OUT OF THE REACH OF CHILDREN. STORE AT 59-86°F (15-30°C). PROTECT FROM LIGHT AND MOISTURE.

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ch-OSA®  
Advanced Collagen Generator†

# BioSil®

Hair • Skin • Nails

Reduces Fine Lines and Wrinkles†

Thickens and Strengthens Hair†

Strengthens Nails†



Promotes Healthy Bones and Joints†

Clinically Tested • U.S. Patent # 5,922,360, 3 Patents Pending

Dietary Supplement **60** Vegetarian Capsules