

SUGGESTED USE: 2 capsules 1-2 times per day or as recommended by your health care professional. Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. Contains soy. Do not consume this product if you are pregnant or nursing. Consult your physician for further information. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. KEEP CONTAINER TIGHTLY CLOSED. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN. This product was sealed for your protection. Do not use if outer neck seal or inner-seal is missing or damaged. 919.002

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Mfg for:  
Holtorf Medical Group, Inc,  
23456 Hawthorne Blvd. Ste. 160  
Torrance, CA 90505



HoltraCeuticals™



Adrenal-Calm<sup>†</sup>

Dietary Supplement

Supports Optimal Adrenal Function<sup>†</sup>

60 capsules

HOLTORF MEDICAL GROUP, INC.

CENTER FOR HORMONE IMBALANCE, HYPOTHYROIDISM AND FATIGUE

## Supplement Facts<sup>V1</sup>

Serving Size: 2 Capsules

Servings Per Container: 30

| 2 capsules contain                                                                         | Amount Per Serving | % Daily Value |
|--------------------------------------------------------------------------------------------|--------------------|---------------|
| Ashwaganda Root Extract<br>(Standardized to contain 1.5% Withanolides)                     | 250 mg             | *             |
| Skullcap Root Extract<br>(Standardized to contain 30% Flavones as <i>S. baicalensis</i> )  | 250 mg             | *             |
| Eleuthero (Siberian Ginseng) Root Extract<br>(Standardized to contain 0.8% Eleutherosides) | 200 mg             | *             |
| Rhodiola rosea Root Extract<br>(Standardized to contain 3% Rosavins)                       | 200 mg             | *             |
| L-Theanine                                                                                 | 100 mg             | *             |
| Phosphatidylserine<br>(from soy Lecithin)                                                  | 100 mg             | *             |

\* % Daily Value not established

*Suntheanine*®

Label ID L-HOL780-919060-B Product #919060

Other Ingredients: Natural Vegetable Capsules. This product may contain one or more of the following: Calcium Silicate, Magnesium Stearate, Microcrystalline Cellulose, Silicon Dioxide, and Stearic Acid.

