

SUGGESTED USAGE: Adults - take two (2) capsules daily with food, a few hours before or after taking any prescribed medications or as directed by your physician.

WARNING: Do not take this product if you are pregnant, breastfeeding, or have a sensitivity/allergy to pomegranate. If you have a pre-existing medical condition, or are taking prescription medications, consult a physician prior to use. This product is not intended for infants or children. **Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.**

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

STORE IN A COOL, DRY PLACE. DO NOT USE THIS PRODUCT IF THE SAFETY SEAL IS BROKEN OR MISSING.

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femMED™

MULTI + ANTIOXIDANTS

*Promotes good health**

Multi + Antioxidants is a specially formulated combination of vitamins, minerals and antioxidants to support and maintain good health.*

60 Vegetable Capsules
Dietary Supplement



Supplement Facts

Serving size = 2 Capsules
Servings per Container = 30

	PER SERVING	% DAILY VALUE
Vitamin A (All-trans retinyl palmitate and 54% as Beta Carotene).....	6500 IU	130 %
Vitamin C (Calcium ascorbate).....	150 mg	250 %
Vitamin D (Cholecalciferol [Vitamin D3]).....	400 IU	100 %
Vitamin E (D-alpha tocopheryl acetate).....	110 IU	367 %
Vitamin B1 (Thiamine) (Thiamine mononitrate).....	20 mg	1333 %
Vitamin B2 (Riboflavin).....	20 mg	1176 %
Vitamin B3 (Niacin) (Niacinamide).....	20 mg	100 %
Vitamin B6 (Pyridoxine hydrochloride).....	20 mg	1000 %
Folate (Folic acid).....	200 mcg	50 %
Vitamin B12 (Cyanocobalamin).....	200 mcg	3333 %
Biotin.....	300 mcg	100 %
Vitamin B5 [Pantothenic acid] (Calcium-D-pantothenate).....	20 mg	200 %
Calcium (Calcium citrate tetrahydrate).....	100 mg	10 %
Iron (Ferrous citrate).....	20 mg	111 %
Iodine (Potassium iodide).....	100 mcg	67 %
Magnesium (Magnesium oxide).....	100 mg	25 %
Zinc (Zinc oxide).....	20 mg	133 %
Selenium (Selenium HVP chelate).....	200 mcg	286 %
Copper (Copper citrate).....	0.5 mg	25 %
Manganese (Manganese citrate).....	2 mg	100 %
Molybdenum (Molybdenum citrate).....	.75 mcg	***
Vanadium (Vanadium Citrate).....	.50 mcg	***
Pomegranate (<i>Punica granatum</i> fruit powder).....	.50 mg	***
Cranberry (<i>Vaccinium macrocarpon</i> fruit powder).....	.50 mg	***
Blueberry (<i>Vaccinium corymbosum</i> fruit powder).....	.50 mg	***
Grape seed extract (<i>Vitis vinifera</i> powdered extract) (95% Proanthocyanidins).....	.25 mg	***
Lycopene.....	.50 mcg	***

*** Daily Value not established

OTHER INGREDIENTS: Vegetable capsule [cellulose, water], colloidal silicon dioxide, microcrystalline cellulose and vegetable grade magnesium stearate. **This product does not contain dairy, egg, gluten, yeast, artificial colors and flavors.**