

With
Energy
Metabolism
Nutrients

KIRKLAND
Signature

ITEM 157850

Daily Multi Pack

With Asian Ginseng Extract
and B-50 Vitamins



25 KEY VITAMINS and MINERALS
COMPLETE DAILY nutrition

100
PACKETTES
100 DAY SUPPLY

Five Tablets & Two Softgels Per Packet



Dietary Supplement

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Daily Multi Pack



USP Verified

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SUGGESTED USE: Take 1 packet daily with food, as directed by a physician.

Supplement Facts

Serving Size 1 Packet

Amount Per Packet	Daily Value	Amount Per Packet	% Daily Value
Calories 5		Iodine 150 mcg	100%
Total Carbohydrate Less than 1g	Less than 1% **	Magnesium 50 mg	13%
Vitamin A 2,500 I.U.	50%	Zinc 11 mg	73%
(40% as Beta Carotene)		Selenium 55 mcg	79%
Vitamin C 590 mg	983%	Copper 0.9 mg	45%
Vitamin D3 500 I.U.	125%	Manganese 2.3 mg	115%
Vitamin E 250 I.U.	833%	Chromium 45 mcg	38%
Vitamin K 30 mcg	38%	Molybdenum 45 mcg	60%
Thiamin 51.5 mg	3433%	Chloride 72 mg	2%
Riboflavin 51.7 mg	3041%	Potassium 80 mg	2%
Niacin 70 mg	350%	Boron 150 mcg	-
Vitamin B6 53 mg	2650%	Nickel 5 mcg	-
Folic Acid 900 mcg	225%	Silicon 2 mg	-
Vitamin B12 75 mcg	1250%	Vanadium 10 mcg	-
Biotin 80 mcg	27%	Lutein 250 mcg	-
Pantothenic Acid 60 mg	600%	Lycopene 300 mcg	-
Calcium 1220 mg	122%	Asian ginseng (Panax) root extract 100 mg	-
Phosphorus 110 mg	11%	Ginsenosides 4 mg	-

*Daily Value not established. **Percent Daily Values are based on 2,000 calorie diet.

INGREDIENTS: Ascorbic Acid, Calcium Carbonate, Cellulose Gel, Dibasic Calcium Phosphate, dl-Alpha Tocopheryl Acetate, Gelatin, Potassium Chloride, Magnesium Oxide, Glycerin, Hydroxypropyl Methylcellulose, Soybean Oil, Starch (Corn & Tapioca), Nicotinamide, Maltodextrin, d-Calcium Pantothenate, Croscarmellose Sodium, Pyridoxine Hydrochloride, Rose Hips, Thiamin Mononitrate, Riboflavin, Magnesium Stearate, Powdered Asian ginseng (Panax) Extract (root), Croscopovidone, Water, Silicon Dioxide, Stearic Acid, Zinc Oxide, Manganese Sulfate, Yellow Beeswax, Copper Sulfate, Hydrogenated Soybean Oil, Polyethylene Glycol, Dried Yeasts, Folic Acid, Beta Carotene, Vitamin A Acetate, Sodium Borate, Boric Acid, Soy Lecithin, Chromium Picolinate, Artificial Colors (Copper Chlorophyllin and Titanium Dioxide), Lycopene, Lutein, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Cyanocobalamin, Biotin, Phylloquinone, Nickel Sulfate, Sodium Metavanadate, Vitamin D3 (Cholecalciferol).

Distributed by: Costco Wholesale Corporation, P.O. Box 34535, Seattle, WA 98124-1535
www.costco.com

VITAMIN INFOLINE 1-800-428-7762

CELLOPHANE WRAPPED BOX AND INDIVIDUALLY SEALED PACKETS FOR YOUR PROTECTION.

KIRKLAND
Signature

Daily Multi Pack



Multivitamin/Multimineral

A supplement providing 31 important nutrients to help provide complete daily nutrition.[†]



Vitamin E, 200 I.U.

Naturally contributes to cardiovascular health by helping to protect LDL cholesterol from oxidation which may cause cellular damage.[†]



Two Calciums, 1000 mg

Adequate Calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis later in life.



Asian Ginseng Extract, 100 mg

Food chemists have identified certain ginsenosides and flavonoids contained naturally in Ginseng concentrate are important for over-all well-being.



Vitamin C, 500 mg with Rose Hips

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive. Vitamin C protects the body's cells from potential oxidative damage and enhances the immune system.[†]



B-50 Vitamins

Promotes metabolic energy with a combination of B-vitamins which help convert food into energy and are necessary for normal functioning of the nervous system.[†]

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KIRKLAND
Signature

Daily Multi Pack

Kirkland Signature™ Daily Multivitamin Pack is specially formulated based on the latest research in nutritional science. This product provides a complete formulation of vitamins, minerals and Ginseng to help deliver essential nutrients that may be missed if you are not eating a balanced diet.

With today's demanding lifestyles and busy schedules, finding the time to eat a balanced diet isn't always possible. Limiting our consumption of some of the essential nutrients required for daily good health may leave us feeling rundown and fatigued. Kirkland Signature™ Daily Multivitamin Pack provides the essential nutrients necessary for a balanced diet and to help support energy metabolism.[†]

Some scientific evidence suggests that consumption of antioxidant vitamins (such as Vitamin C and Vitamin E) may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

• No Lactose • No Artificial Flavor • No Gluten

WARNING: Not intended for use by pregnant or nursing women. This product contains Vitamin E and Asian ginseng. If you have abnormal blood pressure, are taking medications, facing surgery, have bleeding problems, or using any other treatment which may affect the ability of blood to clot, consult your physician before taking this product. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

DIABETICS/HYPOGLYCEMICS: This product contains chromium, please discuss use of this product with a physician prior to use.

Keep out of the reach of children.

Store at room temperature. Avoid excessive heat.

List No. 19186 P24 Cat. 112 1A067

**FRESHNESS & POTENCY
GUARANTEED THROUGH:**



JUL 2014
LOT# 1064341