

P2Life's Sport Multi-Vitamin for Men has been specifically formulated to account for the demands of an active lifestyle*.

P2Life's Sport Multi-Vitamin for Men contains the following:

- **Panax Ginseng:** Supports vitality and assists in energy production.*
- **Spirulina:** is a blue-green microalgae that is a natural source of essential phytonutrients, protein and amino acids.
- **Antioxidant Protection*:** such as Lycopene, Lutein, Astaxanthin and Zeaxanthin.*
- **B-vitamin Complex:** essential for carbohydrate metabolism and energy production.*

DOSAGE INSTRUCTIONS: As a dietary supplement, take 3 capsules daily preferably two in the morning and one in the evening, with meals.

More Information:
For more information about the product and its ingredients please visit our website at www.P2Life.com or scan this code with your Smart Phone.



PROTECTING HEALTH - PROMOTING PERFORMANCE

Sport Multi-Vitamin for Men

MULTIVITAMIN SUPPLEMENT
FOR ACTIVE MEN

DIETARY SUPPLEMENT

90 Capsules

WARNING: If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use of any nutritional or dietary product. Discontinue use and consult a doctor if any adverse reactions occur. Discontinue use two weeks prior to surgery. Do not use if inner seal is missing or broken. Keep out of reach of children. Keep bottle tightly closed. Store in a cool dry place.

IMPORTANT INFORMATION:
Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

KEEP OUT OF REACH OF CHILDREN

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

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Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

Amount Per Serving			%DV**	Amount Per Serving			%DV**	Amount Per Serving			%DV**
Vitamin A (as Retinol Palmitate)	5000 IU	100%	Phosphorus (as Tricalcium Phosphate)	230 mg	23%	Boron (as Boron Citrate)	2 mg	†			
Vitamin C (as Calcium Ascorbate)	240 mg	400%	Iodine (as Potassium Iodate)	150 mcg	100%	Lutein	1250 mcg	†			
Vitamin D3 (as Cholecalciferol)	2000 IU	500%	Magnesium (as Magnesium Oxide)	100 mg	25%	Lycopene	1250 mcg	†			
Vitamin E (as dl alpha tocopherol)	45 IU	150%	Zinc (as Zinc Oxide & Zinc Gluconate)	30 mg	200%	Zeaxanthin	200 mcg	†			
Vitamin K (as Phytonadione)	80 mcg	100%	Selenium (as Selenomethionine)	187 mcg	250%	Astaxanthin	60 mcg	†			
Thiamin (as Thiamine HCL)	52.5 mg	3500%	Copper (as Copper Sulphate)	3 mg	150%	** Percent Daily Values (DV) are established on a 2,000 calorie diet. † Daily Value not established					
Riboflavin	59.5 mg	3500%	Manganese (as Manganese Gluconate)	2 mg	100%						
Niacin (as Niacinamide)	50 mg	250%	Chromium (as Chromium Polynicotinate)	180 mcg	150%	OTHER INGREDIENTS: Hypromellose (Cellulose Vegetarian Capsule Shell), Microcrystalline Cellulose, Tricalcium Phosphate, Silicon Dioxide & Magnesium Stearate. Distributed by: SW Eagle Distributors LLC International Swimming Hall of Fame, 1 Hall of Fame Drive, Ft Lauderdale, FL 33316 www.P2Life.com					
Vitamin B6 (as Pyridoxine HCL)	60 mg	3000%	Molybdenum (Amino Acid Chelate)	75 mcg	100%						
Folic Acid	600 mcg	150%	Chloride (as Potassium Chloride)	70 mg	2%	Contains a plant extract therefore the color of the capsule contents may vary slightly form batch to batch.					
Vitamin B12 (as Methylcobalamin)	120 mcg	2000%	Potassium (as Potassium Chloride)	64 mg	2%						
Biotin	450 mcg	150%	Energy Blend*:	230 mg	†	WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under six. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control facility immediately.					
Pantothenic Acid (as Calcium d Pantothenate)	50 mg	500%	Panax Ginseng Extract 5:1 (root) and Spirulina								
Calcium (as Tricalcium Phosphate, Calcium Ascorbate & Calcium bis glycinate)	200 mg	20%	Mental Boost Blend*:	40 mg	†						
Iron (as Ferrous Fumurate)	1.8 mg	10%	Inositol and Choline (as Choline Bitartrate)								
			alpha-Lipoic Acid	35 mg	†						