#### The ingredients in P2Life's Joint Health:

- May help to maintain healthy joint function.\*
  May lubricate, repair and reduce Inflammation.\*

### DIRECTIONS FOR USE:

#### Adults and Teenagers (Over 13 years of age): • For Existing Joint Problems: Take 6 tablets daily,

- preferably 3 in the morning and 3 in the evening, with meals. High Impact Sporting Dose (Runners etc): Take 4 tablets daily, with meals.
- For General Joint Health (to help prevent future **joint problems):** Take 2 tablets every evening, with meals. **Children aged 7-12 years:** Take half the adult dosage.

#### More Information:

For more information about the product and its ingredients please visit our website at www.P2Life.com or scan this code with your Smart Phone.



**WARNING:** If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use of any nutritional or dietary product. Discontinue use and consult a doctor if any adverse reactions occur. Discontinue use two weeks prior to surgery. Do not use if inner seal is missing or broken. Keep out of reach of children. Keep bottle tightly closed. Store in a cool dry place.



# **Joint Formula**

DIETARY SUPPLEMENT

180 Tablets

## **Supplement Facts**

Serving Size: 6 Tablets

Servings Per Container: 30

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Α	mount Per Serving 9	<b>∕₀DV</b> **
Vitamin C (as Ascorbic Acid)	90 mg	150%
Vitamin B6 (as Pyridoxine Hydrochloride)	9 mg	450%
Zinc (as Zinc Oxide)	18 mg	120%
Selenium (as Sodium Selenite)	75 mcg	107%
Copper (as Copper Sulphate)	3 mg	150%
Repairing & Rejuvinating Blend*:	1515 mg	†
Glucosamine Sulphate and Chondroitin Sulpha	ate	
Anti-inflammatory and Lubricating B	<b>lend*:</b> 1192.5 mg	†
MSM (Methylsulfonyl-methane), Boswella Serrata Extract 10:1 (gum resin)		
Betasitosterol, Cat's Claw Extract 10:1 (bark) and CMO (Cetyl Myristoleate).		
** Percent Daily Values (DV) are establised on a 2,000 calorie diet.		
† Daily Value not established.		

OTHER INGREDIENTS: Microcrystalline Cellulose, Sorbitol, Silicone Dioxide, Magnesium Stearate.

**Distributed by:** SW Eagle Distributors LLC International Swimming Hall of Fame. 1 Hall of Fame Drive, Ft Lauderdale, FL 33316 www.P2Life.com

<sup>\*</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.