

CVS/pharmacy

Biotin 1000 mcg

**SKIN &
HAIR HEALTH***

**Supports Healthy Skin,
Hair & Nails***

100
Tablets

DIETARY
SUPPLEMENT

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Biotin (as d-Biotin)	1,000 mcg (1 mg)	333%

Other Ingredients: Dicalcium Phosphate, Cellulose (Plant Origin), Silica. **Contains <2% of:** Cellulose Coating, Croscarmellose, Vegetable Magnesium Stearate.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, salt.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Biotin is essential for the metabolism of carbohydrates, proteins and fats.* In addition, Biotin helps to support strong nails and healthy hair and skin.*

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Vegetarian Formula

Coated for Easy Swallowing

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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ACTUAL
SIZE

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