

New! Great-Tasting Multivitamin

Centrum

Multivitamin/Multimineral
Supplement

**flavor
burst**

wild grape

120

ADULT CHEWS

Artificial Flavor

Adult multivitamin you can take without food or water

SUGGESTED USE: Adults – Take 4 chews daily with or without food.
Not formulated for use in children.

Supplement Facts

Serving Size 4 Chews (Servings Per Container 30)

Amount Per Serving	% DV
Calories 25	
Total Carbohydrate 6 g	2%†
Sugar 4 g	*
Vitamin A 2,000 IU	40%
Vitamin C 60 mg	100%
Vitamin D 800 IU	200%
Vitamin E 40 IU	133%
Vitamin B ₆ 2 mg	100%
Folic Acid 400 mcg	100%
Vitamin B ₁₂ 10 mcg	167%

Amount Per Serving	% DV
Biotin 150 mcg	50%
Pantothenic Acid 10 mg	100%
Iodine 80 mcg	53%
Zinc 5 mg	33%
	*
Choline 76 mg	*
Inositol 40 mcg	

† Percent Daily Value (DV) based
on a 2,000 calorie diet.

* Daily Value not established.

 Includes B-vitamins
to help support daily
energy needs*

 Contains antioxidants
to help support the
immune system*

IMMUNITY*

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Patent Pending
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PAA027755

Contains: Soy
PAA032087

Ingredients: Sucrose, Corn Syrup, Water, Hydrogenated Coconut Oil, Choline Bitartrate, Maltodextrin, Acacia. Contains < 2% of: Artificial Flavor, Ascorbic Acid (Vit. C), Beeswax, Biotin, Blue 2 Lake, Calcium Pantothenate, Carmine (color), Carnauba Wax, Cholecalciferol (Vit. D₃), Citric Acid, Cyanocobalamin (Vit. B₁₂), dl-Alpha Tocopheryl Acetate (Vit. E), Folic Acid, Glycerin, Inositol, Lac-Resin, Lecithin, Modified Corn Starch, Potassium Iodide, Pregelatinized Corn Starch, Pyridoxine Hydrochloride (Vit. B₆), Titanium Dioxide, Vitamin A Palmitate, Zinc Sulfate.

As with any supplement, if you are pregnant, nursing, or taking medication, consult your doctor before use.
Do not exceed suggested use.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

Keep out of reach of children. Store at room temperature.
Keep bottle tightly closed. Protect from moisture.

Bottle sealed with printed foil
under cap. Do Not Use if foil is torn.

Marketed by: Pfizer,
Madison, NJ 07940 USA

Questions? Comments?
Call 1-877-CENTRUM
For most recent product information,
visit www.centrum.com

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