

**CVS/pharmacy**

**Timed  
Release**

Balanced  
**B-150**

**ENERGY  
METABOLISM\***

**Supports Heart &  
Nervous System Health\***

DIETARY  
SUPPLEMENT

DIRECTIONS: For adults, take one (1) caplet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

### Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	150 mg	10,000%
Riboflavin (Vitamin B-2)	150 mg	8,824%
Niacin (as Niacinamide)	150 mg	750%
Vitamin B-6 (as Pyridoxine Hydrochloride)	150 mg	7,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	150 mcg	2,500%
Biotin (as d-Biotin)	150 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg	1,500%
Calcium (as Dicalcium Phosphate)	73 mg	7%

Other Ingredients: Hypromellose, Cellulose (Plant Origin). Contains <2% of: Cellulose Coating, Maltodextrin, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

The B Complex is comprised of 8 vitamins that work together to support nervous system health and energy metabolism.\* This product has been specially formulated to release its nutrients throughout an extended part of the day.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, salt.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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**CVS Quality**  
Money Back Guarantee

ACTUAL SIZE



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