

Complete H₂O Minerals

Van-Chr-Zin is a blend of **vanadium**, which helps regulate HDL (good cholesterol) in the brain, spinal cord, and nervous system; **chromium**, which helps increase the body's sensitivity to the hormone insulin for efficient utilization of surplus glucose; and **zinc**, which is necessary for tissue repair and growth, as well as playing a key role in good vision.

Our water undergoes a six step purification process: reverse osmosis, deionization, ozonation, charcoal filtration, dual micron filtration and ultra violet light sterilization. RDA guidelines are observed.

Disclaimer: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, prevent or cure any disease.

Manufactured by:

Complete H₂O Minerals

707 Greenwood Road
West Columbia, SC 29169

For more information:

1.877.MINERALS

1.877.646.3725

E-Mail:

completeh2ominerals@sc.rr.com



**QUALITY PRODUCTS
FOR A QUALITY LIFE!**

VAN-CHR-ZIN

CONCENTRATE

**Dietary
Supplement**

NET WT. 32oz. 1qt. (946mL)

Complete H₂O Minerals

For best results, store in a cool, dark place and use within six months.

NOTE: Do not use if tamper seal is broken or missing.

Complete H₂O Minerals contain no preservatives, fillers or artificial ingredients.

Recommended Dosage:

Adults: 1 Tbsp. 1500 mcg

Children: 1/2 Tbsp. 750 mcg
or as recommended by a health care professional.

Supplement Facts

Serving Size 1 tbsp. (15mL)

Servings Per Container 64

Amount Per Serving	%Daily Value*	
Calories	0	0%
Total Fat	0	0%
Total Carb.	0	0%
Vanadium	.50 mg	2000%
Chromium	.25 mg	125%
Zinc	.75 mg	5%
Chloride	2.3 mg	0%

INGREDIENTS: PURIFIED WATER, VANADIUM CHLORIDE (33 PPM), CHROMIUM CHLORIDE (17 PPM), ZINC CHLORIDE (50 PPM).

*Percent Daily Values based on a 2,000 calorie diet.

