



**SUGGESTED USE:** Adults – Take one tablet twice daily with meals or snacks. Not formulated for use in children.

**Supplement Facts**  
 Serving Size 1 Tablet (Take 2 Daily)

Each Tablet Contains	% DV
Vitamin A 1,750 IU (29% as Beta-Carotene)	35%
Vitamin C 30 mg	50%
Vitamin D 200 IU	50%
Vitamin E 15 IU	50%
Vitamin K 12.5 mcg	16%
Thiamin 0.75 mg	50%
Riboflavin 0.85 mg	50%
Niacin 10 mg	50%
Vitamin B <sub>6</sub> 2.5 mg	125%
Folic Acid 200 mcg	50%
Vitamin B <sub>12</sub> 100 mcg	1667%
Biotin 15 mcg	5%
Pantothenic Acid 5 mg	50%
Calcium 54 mg	5%
Iron 3 mg	17%
Phosphorus 40 mg	4%
Iodine 75 mcg	50%
Magnesium 20 mg	5%
Zinc 3.75 mg	25%
Selenium 10 mcg	14%
Copper 0.35 mg	18%
Manganese 1 mg	50%
Chromium 60 mcg	50%
Molybdenum 37.5 mcg	50%
Chloride 29 mg	<1%
Potassium 32 mg	<1%
Boron 16 mcg	*
Nickel 2.5 mcg	*
Silicon 1 mg	*
Tin 5 mcg	*
Vanadium 5 mcg	*
Phytosterols 400 mg	*

**Ingredients:** Phytosterols, Microcrystalline Cellulose, Dibasic Calcium Phosphate, Croscarmellose Sodium, Potassium Chloride, Ascorbic Acid (Vit. C), Magnesium Oxide, Beta-Carotene, BHT, Biotin, Calcium Pantothenate, Calcium Stearate, Cholecalciferol (Vit. D<sub>3</sub>), Chromic Chloride, Citric Acid, Corn Starch, Cupric Sulfate, Cyanocobalamin (Vit. B<sub>12</sub>), dl-Alpha Tocopheryl Acetate (Vit. E), FD&C Yellow No. 6 Aluminum Lake, Ferrous Fumarate, Folic Acid, Gelatin, Hypromellose, Lecithin, Magnesium Borate, Magnesium Stearate, Manganese Sulfate, Medium-Chain Triglycerides, Modified Corn Starch, Niacinamide, Nickelous Sulfate, Phytonadione (Vit. K), Polyethylene Glycol, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride (Vit. B<sub>6</sub>), Riboflavin (Vit. B<sub>2</sub>), Silicon Dioxide, Sodium Ascorbate, Sodium Benzoate, Sodium Citrate, Sodium Metavanadate, Sodium Molybdate, Sodium Selenate, Sorbic Acid, Stannous Chloride, Sucrose, Talc, Thiamine Mononitrate (Vit. B<sub>1</sub>), Titanium Dioxide, Tocopherols, Vitamin A Acetate, Zinc Oxide.

**Contains:** Soy.

As with any supplement, if you are taking medication consult your doctor before use. Do not exceed suggested use.

Dietary supplementation with phytosterols is not suitable for pregnant or lactating women.

**Sitosterolemics:** Contains Phytosterols (Sitosterols).

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**IMPORTANT INFORMATION:** Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

Store at room temperature. Keep bottle tightly closed.

Bottle sealed with printed foil under cap. Do Not Use if foil is torn.

Patent Pending PAA023570

Marketed by: Pfizer, Madison, NJ 07940 USA  
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 † Refers to all nutrients with an RDI

