



With the latest[†]
recommended level of
Vitamin D
to Support Strong Bones*

[†]Institute of Medicine, 2010

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FLINTSTONES™ COMPLETE with the
Nutrients your child needs to:

SUPPORT HEALTHY EYES
with Vitamin A, Vitamin C
and Vitamin E

BUILD STRONG BONES AND TEETH
with Vitamin D and Calcium

SUPPORT A HEALTHY IMMUNE SYSTEM
with Vitamin C, Beta-Carotene
Vitamin E, Zinc and Iron

Great Tasting
Fruit Flavors &
Fun Character Shapes

Directions: 2 & 3 years of age – Chew one-half tablet daily, with food.
Adults and children 4 years of age and older – Chew one tablet daily, with food.

Supplement Facts

Serving Size: ½ tablet (2 & 3 years of age); 1 tablet (4 years of age and older)
Servings Per Container: 150; 75

Amount Per Tablet	% Daily Value for Children 2 & 3 Years of Age (½ Tablet)	% Daily Value for Adults and Children 4 Years of Age and older (1 Tablet)	Amount Per Tablet	% Daily Value for Children 2 & 3 Years of Age (½ Tablet)	% Daily Value for Adults and Children 4 Years of Age and older (1 Tablet)
Total Carbohydrate < 1 g	**	< 1%*	Vitamin B12 6 mcg	100%	100%
Vitamin A 3000 IU (33% as beta-carotene)	60%	60%	Biotin 40 mcg	13%	13%
Vitamin C 60 mg	75%	100%	Pantothenic Acid 10 mg	100%	100%
Vitamin D 600 IU	75%	150%	Calcium (elemental) 100 mg	6%	10%
Vitamin E 30 IU	150%	100%	Iron 18 mg	90%	100%
Thiamin (B1) 1.5 mg	107%	100%	Iodine 150 mcg	107%	100%
Riboflavin (B2) 1.7 mg	106%	100%	Zinc 12 mg	75%	80%
Niacin 15 mg	83%	75%	Copper 2 mg	100%	100%
Vitamin B6 2 mg	143%	100%	Sodium 10 mg	**	<1%
Folic Acid 400 mcg	100%	100%			

*Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

INGREDIENTS: Granulated Calcium Carbonate (Calcium Carbonate, Dextrose Monohydrate, Sugar, Microcrystalline Cellulose, Maltodextrin), Sorbitol, Sodium Ascorbate, Ferrous Fumarate, Natural and Artificial Flavors, Hydrogenated Soybean Oil, Pregelatinized Starch, Gelatin, Vitamin E Acetate, Stearic Acid, Corn Starch; Less Than 2% Of: Aspartame†, Beta-Carotene, Biotin, Calcium Pantothenate, Cupric Oxide, FD&C Blue #2 Aluminum Lake, FD&C Red #40 Aluminum Lake, FD&C Yellow #6 Aluminum Lake, Folic Acid, Magnesium Stearate, Niacinamide, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Thiamine Mononitrate, Vitamin A Acetate, Vitamin B12, Vitamin D3 (Cholecalciferol), Zinc Oxide. **Contains:** Tree Nuts (Coconut), Soy. **†PHENYLKETONURICS: CONTAINS PHENYLALANINE**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store at room temperature. Avoid humidity. Close cap tightly after use.

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Questions or comments?
Please call 1-800-800-4793 (Mon - Fri 9AM - 5PM EST)
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Children's Chewable Vitamin Brand

FLINTSTONES™
COMPLETE
Children's Multivitamin Supplement

75 60 TASTI SMOOTH™ CHEWABLE TABLETS





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Bayer



8 Fun Character Shapes!

FLINTSTONES™
COMPLETE

CHILD RESISTANT CAP
Do not use this product if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.

KEEP OUT OF REACH OF CHILDREN