

Supplement Facts

Serving Size 4 mL

Servings Per Container 30

	Amount Per Serving	% Daily Value*
Vitamin B6	5 mg	250%
Folic Acid	400 mcg	100%
Vitamin B12	1000 mcg	16,667%

*Daily Value based on a 2,000 calorie diet.

Other Ingredients: Purified Water, Sorbitol, Pyridoxine HCl, Natural Flavor, Benzoic Acid, Cyanocobalamin, Folic Acid.

VITAMIN B-6

Vitamin B-6, Pyridoxine HCl, Pyridoxine has a role in preventing heart disease.

Without enough pyridoxine, a compound called homocysteine builds up in the body. Homocysteine damages blood vessel linings.

VITAMIN B-12

Vitamin B-12, Cobalamin, is a water soluble vitamin with a key role in normal functioning of the brain and nervous system, and for the formation of blood.

FOLIC ACID B-9

Vitamin B-9, Folic Acid, Folate is necessary for the production and maintenance of new cells, for DNA synthesis and RNA synthesis. It is especially important during periods of rapid cell division and growth.



*B6 & B12
Folic Acid*

**Balanced Nutrition
for Health & Wellness
Dietary Supplement
4 Fl. Oz. / 120 mL**

Suggested usage: Place 3/4 teaspoon under tongue.

Warning: Intended for nutritional use only. As with any dietary supplement, discontinue use if adverse effects occur and contact your health care provider. If you are pregnant or breast feeding, consult your health professional before using this product.

KEEP OUT OF REACH OF CHILDREN.
Shake well before using.
Store in a dry cool place.
Manufactured by:

Complete H2O Minerals

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West Columbia, SC 29169

1-877-MINERAL*1-877-646-3725

**SHAKE
BEFORE USING**

