



Actual Color and Size



Vitamin B-1

100 mg

Dietary Supplement

Suggested Use: Take one (1) capsule daily with food or as directed by your health care practitioner.
Keep out of reach of children in a cool, dry place.

Supplement Facts

Serving Size = one (1) capsule %Servings Per Container=Varied

Amount Per Serving	% Daily Value
Thiamine (vitamin B-1) (as thiamine mononitrate)	100 mg 6,667%

Notice: If you are pregnant or nursing, taking medication or planning a surgery, consult your physician before using this product. If any adverse reactions occur stop taking the product and consult your physician.

Other Ingredients: Microcrystalline cellulose, gelatin capsule, magnesium stearate, silicon dioxide.

CONTAINS NO artificial colors, flavors, or preservatives.

Lot#

Best Before:

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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In case of adverse event: 855-885-2855

