Ingredients: lon-exchanged whey protein isolates" (milk), hydrolyzed and micro-filtered whey protein concentrate (milk), natural dairy flavor, natural strawberry flavor, strawberry fruit pieces, free form amino acids (L-glutamine, L-leucine, L-isoleucine, L-valine). carrageenan, xanthan, stevia,

"Naturally supplying important immune supporting proteins, including: B-lactoglobulin, A-lactalbumin, boyine serum albumin, immunoglobulin and lactoferrin.

The whey protein used in our product is sourced from an origin that does not permit the use of rBGH, recombinant bovine growth hormone.

CONTAINS NO artificial colors or flavors, preservatives, corn. soy, yeast, wheat, grain, gluten or egg products.

Directions: Add one heaping scoop (included in can) of powder to 8 oz. of milk, juice or favorite beverage. Mix until smooth.

Whey supports the body's ability to maintain, increase, and repair muscle by absorbing and retaining nitrogen. It also provides the milk proteins, B-lactoglobulin, A-lactalbumin, immunoglobulin, and lactoferrin, which are important for immune system function.

Whey surpasses even whole eggs in its ability to deposit nitrogen in the muscle. Our Show Me the Whey® product has highly bioavailable protein concentrate, making it ideal to promote muscle repair, maintenance and growth. Free-form branched chain amino acids have been added to further support muscle health.

Our proprietary process uses only natural enzymes and high quality membrane filters to separate the whey and preserve the essential nutrients. Due to the low temperature processing, our whey supports cellular glutathione levels, one of nature's important antioxidants. This state-of-the-art processing creates a complete spectrum of whey peptides, improving nitrogen retention, supporting immune system health, and providing antioxidant protection.

Typical Amino Acid Profile Per Serving of Drink Mix:

Alanine	1051 mg	Lysine
Arginine	553 mg	Methionine
Aspartic Acid		Phenylalanine
Cystine	711 mg	Proline
Glutamic Acid	3229 mg	Serine
Glycine	336 mg	Threonine
Histidine	368 mg	Tryptophan
Isoleucine *	1252 mg	Tyrosine
Leucine *	2719 mg	Valine •□

. Branched Chain Amino Acid

.444 mg . 770 mg 1134 mg

Essential Amino Acid

Each serving fortified with an additional 100 mg L-glutamine and 300 mg branched chain amino acids (BCAA).

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Added Sugar

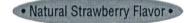
Micro-Filtered, Hydrolyzed and Ion-Exchanged



SHOW ME THE **WHEY**®

From cows NOT treated with rBGH

Enriched with Branched Chain Amino Acids



Supports Muscle Development & Repair While Providing Antioxidant Protection[†]

NET WT. 16 OZ. (454 g)

Supplement Facts

Serving Size: One Scoop (23.5 g) Servings Per Container: Approximately 19

Amount Per Serving		Powder Mix	Skim Milk
Calories		85	175
Calories from Fat		2	2
		%	Daily Value*
Total Fat	<1 g	1%	1%
Saturated Fat	0 g	0%	0%
Cholesterol	3 mg	1%	3%
Sodium	162 mg	7%	12%
Potassium	11 mg	<1%	13%
Total Carbohydrate	2 g	<1%	4%
Dietary Fiber	0 g	0%	0%
Sugars	<1 g		
Protein	18 g		

<1%	10%
0%	4%
3%	33%
0%	25%
4%	29%
	0% 3% 0%

^{*} Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohyd	Irate	300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4