

Intense Defense is formulated for the specific dietary needs of endurance athletes. In addition to a **highly-bio-available** blend of essential vitamins and chelated minerals, **Intense Defense** improves the body's ability to detoxify and repair exercise-induced damage, and is the only multi-vitamin formulated specifically to actively maintain lean muscle mass, metabolic rate, and endurance performance.

Our **"Wicked-Mend"** Proprietary Blend **accelerates tissue repair** via improved oxidative balance, inflammatory balance, and support of detoxification pathways. **Wicked-Mend** provides:

- Anti-inflammatory fatty acids
- "Full-spectrum" antioxidant protection from all 8 types of vitamin E and a network of phytonutrients (alpha/beta/gamma/delta-tocopherols/tocotrienols, curcuminoids, phenols, zingerberenes, and ursolic)
- Support of Phase I & Phase II Detoxification pathways (glucuronates, silymarins, and thiols)

Our **"Wicked-Burn"** Proprietary Blend delivers a research-proven metabolic formula that:

- Maintains Lean Muscle Mass (Leucine/HMB)
- Enhances Endurance (Beta-Alanine/Quercetin)
- Improves Metabolic Rate & Fat-Burning (Fucoxanthin/Fucoidin).

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Optimal Endurance Nutrition



Balanced Essential Nutrient Profile Ultimate Tissue Repair Innovative Endurance and Metabolic Support

Dietary Supplement
180 Tablets

Suggested Usage: As a dietary supplement, endurance athletes take six (6) tablets daily with your morning or evening meal and eight (8) ounces of water.

Manufactured for Wicked Fast Sports Nutrition
648 Rocky Knoll, Draper, UT 84020
www.WickedFastSportsNutrition.com
To Reorder Call: 1-800-422-5610

This product contains NO yeast, soy protein, milk/dairy, corn, sodium, sugar, starch, or gluten. Keep out of reach of children. If you are pregnant or lactating, or taking a prescription medication, consult a physician before using this product. Store in a cool, dry place.

Try these other Wicked Fast Sports Nutrition products:



Peel Here
for info.

Supplement Facts

Serving Size = 6 Tablets / Servings Per Container = 30 (180 tablets per bottle)

Ingredient	Per 6 Tablets	%DV
Vitamin A (as 67% natural Beta-Carotene and 33% Retinyl Palmitate)	5,000IU	100%
Vitamin C (as Ascorbic Acid)	250mg	417%
Vitamin D (as Cholecalciferol)	2,000IU	500%
Vitamin E (as d-Alpha Tocopheryl Succinate)	30IU	100%
Vitamin K (as Phytonadione)	80mcg	100%
Vitamin B1 (Thiamin)	2mg	133%
Vitamin B2 (Riboflavin)	2mg	118%
Niacin (as Niacin and Nicotinamide)	22mg	110%
Vitamin B6 (as Pyridoxine HCl)	5mg	250%
Folate (as Folic Acid)	400mcg	100%
Vitamin B12 (as Cyanocobalamin)	15mcg	250%
Biotin (as d-Biotin)	300mcg	100%
Pantothenic acid (as Calcium d-Pantothenate)	10mg	100%
Calcium (as Calcium Carbonate)	500mg	50%
Iron (as Amino Acid Chelate)	9mg	50%
Iodine (as Potassium Iodide)	150mcg	100%
Magnesium (as Magnesium Oxide)	250mg	62%
Zinc (as Amino Acid Chelate)	15mg	100%
Selenium (as Amino Acid Chelate)	70mcg	100%
Copper (as Amino Acid Chelate)	2mg	100%
Manganese (as Amino Acid Chelate)	2mg	100%
Chromium (as Amino Acid Chelate)	120mcg	100%
Molybdenum (as Amino Acid Chelate)	75mcg	100%

Boron (as Amino Acid Chelate)	1mg	*
Vanadium (as Amino Acid Chelate)	10mcg	**
Wicked-Mend Proprietary Blend		
Flax (seed) oil		
A-B-G-D Tocopherol-Tocotrienols		
Turmeric (root) Curcuminoids		
Rosemary (leaf) Phenols		
Ginger (root) Zingerberenes		
Holy Basil (leaf) Ursolic Acids		
D-Glucurates		
Milk Thistle (fruit) Silymarin		
N-Acetyl-Cysteine	1,075mg	**
Wicked-Burn Proprietary Blend		
Leucine		
HMB (Hydroxy-Methyl-Butyrate)		
Brown Seaweed Fucoxanthin/Fucoidin Blend		
Beta-Alanine		
Quercetin	2,750mg	**
*Daily Value not established		

Other Ingredients: Gelatin, rice flour, natural vanilla, magnesium stearate, silicon dioxide.