

SUGGESTED USE: MIX 2 SCOOPS WITH AT LEAST 8 OZ. OF WATER OR BEVERAGE OF CHOICE, ONCE PER DAY OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL.

SHAKE JAR BEFORE OPENING TO ENSURE PROPER SERVING SIZE. THIS IS A NATURAL PRODUCT AND MAY EXHIBIT DENSITY, COLOR AND TASTE VARIATIONS.

WARNING: IF TAKING MEDICATION, PREGNANT OR NURSING CONSULT A PHYSICIAN BEFORE USING.

KEEP OUT OF REACH OF CHILDREN.
STORE SEALED IN A COOL, DRY PLACE.

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Quatrefolic® is a registered trademark of Gnosis S.p.A. US Patent No 7,947,662.

Manufactured For:
Moss Nutrition
Products, Inc.
380 Russell Street
Hadley, MA 01035
800-851-5444



WWW.MOSSNUTRITION.COM



Dairy-Free Formula
Complete Meal & Supplement Shake



Dietary Supplement
Net Wt: 643 g (1.42 lbs)

Supplement Facts

Serving Size: 45.9 grams (approximately 2 scoops) Servings Per Container: Approximately 14

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	160		Magnesium (as Magnesium Bisglycinate Chelate [TRAACS®] and magnesium ascorbate)	100 mg	25%
Calories from Fat	25		Zinc (as Zinc Bisglycinate Chelate) (TRAACS®)	10 mg	67%
Total Fat	2.5 g	4%*	Selenium (as Selenium Glycinate Complex) (Albion®)	50 mcg	71%
Saturated Fat	1.5 g	8%*	Manganese (as Manganese Bisglycinate Chelate) (TRAACS®)	0.5 mg	25%
Total Carbohydrate	17 g	6%*	Chromium (as Chromium Nicotinate Glycinate Chelate) (TRAACS®)	250 mcg	208%
Dietary Fiber	2 g	8%*	Molybdenum (as Molybdenum Glycinate Chelate) (TRAACS®)	500 mcg	667%
Sugars	4 g	**	Chloride (from sodium chloride)	267 mg	8%
Protein	18 g	36%*	Sodium (from all sources)	170 mg	7%
Vitamin A (as mixed carotenoids)	2000 IU	40%	Potassium (from pea protein)	42 mg	1%
Vitamin C (as magnesium ascorbate)	100 mg	167%	Inulin (prebiotic; 90% fructooligosaccharides)	2 g	**
Vitamin D (as cholecalciferol)	400 IU	100%	Medium Chain Triglycerides (MCT oil)	1.5 g	**
Vitamin B1 (as thiamin pyrophosphate)	2 mg	133%	Organic Flax Seed powder (<i>Linum usitatissimum</i>)	500 mg	**
Vitamin B2 (as riboflavin-5-phosphate)	2 mg	118%	Guar Gum	300 mg	**
Vitamin B3 (as niacinamide)	20 mg	100%	White Kidney Bean extract 4:1	300 mg	**
Vitamin B6 (as pyridoxal-5-phosphate)	5 mg	250%	Organic Green Tea Extract (leaf) (<i>Camellia sinensis</i>) (decaffeinated)	100 mg	**
Folate (as Quatrefolic® (6S)-5-Methyltetrahydrofolic acid, glucosamine salt)	200 mcg	50%	Mixed Tocopherols (non-GMO)	30 mg	**
Vitamin B12 (as methylcobalamin)	250 mcg	4167%	Vanadium (as Vanadium Nicotinate Glycinate Chelate) (TRAACS®)	25 mcg	**
Biotin	300 mcg	100%			
Pantothenic Acid (as d-calcium pantothenate)	150 mg	1500%			
Calcium (from pea protein and Calcium Bisglycinate Chelate [TRAACS®])	200 mg	20%			
Iron (from all sources)	4 mg	22%			
Phosphorus (from pea protein)	257 mg	26%			
Iodine (as potassium iodide)	150 mcg	100%			

* Percent Daily Values are based on a 2000 calorie diet.

** Daily Value not established.

Other Ingredients: Pea protein isolate (non-GMO), tapioca maltodextrin (non-GMO), natural vanilla flavors (vanilla custard, vanilla bean, French vanilla), silicon dioxide, monk fruit extract (Luo Han Guo). **Does not contain gluten.**