

**swanson.com**

or call 1-800-437-4148

- Supports a healthy, natural response to daily stress
- Enhances mental and physical vitality

Science-Backed Quality Since 1969

**Suggested use:** As a dietary supplement, take one veggie capsule one to two times per day with water.

**KSM-66® is a registered trademark of Ixoreal Biomed Private Limited.**

**WARNING:** For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or if you have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**SWANSON®**

# Ultimate Ashwagandha

Stress Support

250 mg

KSM-66®

HERBAL SUPPLEMENT | **60 VEGGIE CAPSULES**

## Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

KSM-66® Ashwagandha 250 mg\*  
Extract (made with certified organic ashwagandha)  
(Withania somnifera) (root)

\*Daily Value not established.

Other ingredients: Hypromellose (vegetable capsule), rice bran, silica, rice extract blend.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS  
 Fargo, ND 58104 USA • 1-800-437-4148

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