

Phosphatidyl Choline

Phosphatidylcholine, a primary component of lecithin, may be converted in the brain into the neurotransmitter acetylcholine.*

Suggested Use

As a dietary supplement, 1 to 4 softgels two or three times daily with meals, or as directed by a healthcare practitioner.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

Contains: 44 mg (2.7%) alcohol content per softgel.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Phosphatidyl Choline

For Brain, Liver, and Cell Membranes*



Supplement Facts

Serving Size	4 Softgels
Servings Per Container	25

Amount Per Serving	% Daily Value*
--------------------	----------------

Phosphatidylcholine (soy)	1.54 g	†
---------------------------	--------	---

† Daily Value not established. * Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Gelatin, vegetable glycerin, purified water, other phospholipids, ethyl alcohol (2.7%).

Formulated exclusively for NutriCology®
Alameda, CA 94502 www.nutricology.com
Phone: 510.263.2000

Rev. 009