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BODYBUILDING.COM SPORTS NUTRITION

Bodybuilding.com products have been formulated to the highest standards with high-quality, effective ingredients that produce real results. If you are not completely satisfied with any product, return it any time for a full refund.

PACKAGED BY WEIGHT NOT VOLUME.
CONTENTS MAY SETTLE DURING SHIPPING.

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BODYBUILDING.COM BETA ALANINE

TAKE IT TO THE NEXT LEVEL

Your performance level will determine how long you can maintain exercise without getting fatigued to the point that you have to stop. Shown to boost intramuscular carnosine, Beta Alanine is an amino acid that supports an optimal PH level by delaying the buildup of lactic acid induced by intense exercise.* Bodybuilding.com Beta Alanine features a full, clinical dose of patented CarnoSyn® beta alanine to give you the best possible results!* For more information about this product visit Bodybuilding.com.

This product was produced in a GMP facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

BODYBUILDING.COM™

CarnoSyn® Carnosine Synthesizer

BETA ALANINE

SPORTS NUTRITION

3.2G

BETA ALANINE (as CarnoSyn®)

75 SERVINGS

DIETARY SUPPLEMENT
Net Wt. 8.47oz. (240g)

Supplement Facts

Serving Size: 1 scoop (3.2g)
Servings Per Container: 75

Amount per serving	
Beta Alanine (as CarnoSyn®)	3.2g **

**Daily Value not established.

ALLERGEN INFORMATION: This product is manufactured in a facility that contains PEANUTS, MILK, SOY, EGGS and WHEAT.

Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

Distributed by:

BODYBUILDING.COM™
4900 Engineers Way, Suite 107
N. Las Vegas, Nevada 89081 • 1-866-236-8417

DIRECTIONS

Mix one scoop with 2 to 6 oz. of water and take 30 minutes before training. For optimal results take an additional serving following exercise. On non-training days take one serving upon waking, and another serving 6 to 8 hours later. Serving scoop included, but may settle to the bottom during shipping.

WARNINGS

Do not use if pregnant, contemplating pregnancy, or nursing. This product is only intended to be consumed by healthy adults 18 years of age or older. Before using this product, consult with your physician. Discontinue use and consult a health care professional if you experience any adverse reaction to this product. Store at room temperature. Do not use if the seal is broken or missing. This product contains Beta-Alanine and may cause a temporary tingling sensation on your skin. This is normal. With continued use, the intensity of the sensation will decrease or disappear. This product contains chemicals known to the state of California to cause cancer, or birth defects or other reproductive harm.

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