

DISTRIBUTED BY SWANSON HEALTH PRODUCTS  
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or visit our website at [www.swanson.com](http://www.swanson.com)

**Suggested use:** As a dietary supplement,  
take one veggie capsule per day with water.

**Ceramosides®** is a registered trademark of  
E.P.I. France.

**WARNING:** For adults only. Consult your physician  
before using this or any product if you are pregnant or  
nursing, taking medication or have a medical condition.  
Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

This statement has not been evaluated by the Food and Drug  
Administration. This product is not intended to diagnose, treat,  
cure or prevent any disease.

Rev 06/18



# PhytoCERAMIDES

Anti-Aging

ADVANCED FORMULA

DIETARY SUPPLEMENT | 30 VEGGIE CAPS

## Supplement Facts

Serving Size 1 Veggie Capsule

### Amount Per Serving

PhytoCeramides {from 30 mg\*  
Ceramosides® Triticum vulgare (wheat)  
seed extract [providing minimum 50%  
glycoceramides and minimum 40%  
digalactosyl diglycerides (DGDG)]}

\*Daily Value not established.

Other ingredients: Rice bran, hypromellose  
(vegetable capsule), rice concentrate, rice  
extract blend.

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