

**Discover Nature's Answer**

and trust  
the Difference...<sup>®</sup>

The True Nature of Our Standards  
go way beyond the herb...<sup>™</sup>

**TYPICAL AMINO ACID PROFILE  
(Amount per Serving)<sup>\*\*\*</sup>**

L-Alanine	810 mg	L-Methionine <sup>1</sup>	210 mg
L-Arginine	630 mg	L-Phenylalanine <sup>1</sup>	540 mg
L-Aspartic Acid	1260 mg	L-Tyrosine	330 mg
L-Glycine	540 mg	L-Threonine <sup>1</sup>	660 mg
L-Isoleucine <sup>1</sup>	540 mg	L-Tryptophan <sup>1</sup>	180 mg
L-Leucine <sup>1</sup>	930 mg	L-Proline	540 mg
L-Glutamic Acid	1560 mg	L-Valine <sup>1</sup>	660 mg
L-Lysine <sup>1</sup>	900 mg	L-Histidine <sup>1</sup>	300 mg
L-Cystine	90 mg	L-Serine	750 mg

<sup>1</sup>Essential Amino Acids

<sup>\*\*\*</sup>Approximate Values  
Amounts may vary from lot to lot.

**NATURE'S ANSWER**

Since 1972

ADVANCED BOTANICAL FINGERPRINT TECHNOLOGY<sup>®</sup>

# Brewer's Yeast

*Saccharomyces cerevisiae*

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Dietary Supplement

Net Wt. 16 oz (454 g)

Non-GMO/Soy Free  
Vegan/Vegetarian

## Supplement Facts

Serving Size 1 Scoop (30 g)  
Servings Per Container about 15

Amount Per Serving		% Daily Value
Calories	110	
Calories from Fat	5	
Total Fat	0.5 g	1%*
Total Carbohydrate	12 g	4%*
Protein	14 g	28%*
Thiamin (Vitamin B-1)	0.15 mg**	10%
Niacin (as Niacinamide)	1.4 mg**	7%
Calcium	75 mg**	8%
Phosphorus	450 mg**	45%
Magnesium	120 mg**	30%
Chromium	30 mcg**	25%
Sodium	120 mg**	5%
Potassium	600 mg**	17%
Inactive Dried Brewer's Yeast ( <i>Saccharomyces cerevisiae</i> )	30,000 mg (30 g)	†

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** None.

\*\* Typical Analysis - amount may vary from lot to lot.

**Suggested Use:** As a dietary supplement, take one (1) scoop daily. Mix in milk, juice or yogurt. May also be sprinkled on cereal, salad, or incorporated into soups, stews, sauces, gravies or baked goods.

For product information, call (800) 439-2324.

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**WARNING: Keep Out of Reach of Children.** Do not use if safety seal is damaged or missing. Avoid this product if you are allergic to yeast. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

Store in a cool, dry place.

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