

swanson.com
or call 1-800-437-4148

- An organic form of the essential mineral sulfur
- Boosts joint health, movement and physical function
- Supports connective tissue health including hair, cartilage and collagen

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule three to five times per day with water.

TruFlex® is a registered trademark of Swanson Health Products.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MSM

Joint Health and Mobility

1,000 mg

DIETARY SUPPLEMENT | 240 CAPSULES

Supplement Facts

Serving Size 1 Capsule	
Amount Per Serving	
TruFlex® MSM (methylsulfonylmethane)	1 g*
*Daily Value not established.	

Other ingredients: Gelatin, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA • 1-800-437-4148 Rev 1 07 30 18

SWU656

5

0 87614 02656