

Valerian is a perennial herb that is harvested in its natural environment in India and Western Asia. The pungent root has been used since ancient times.

This product contains no added sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Suggested Use: As a dietary supplement, adults take one (1) capsule, two (2) to six (6) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light.

Keep out of reach of children.

#10144



Valerian Root

Standardized Extract 125mg

Dietary Supplement
100 Capsules
www.MartinAvenue.com

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% DV
Valerian root extract 4:1** (Valeriana officinalis)	125 mg.	*

*Daily Value Not Established

Other Ingredients: Gelatin (capsules), (May contain one or more of the following: rice powder, vegetable stearin, magnesium stearate and silica).

** (Equivalent to 500 mg. of Valerian root powder)

QUALITY AND POTENCY GUARANTEED

Formulated for:
Martin Avenue Pharmacy, Inc.
"We Make It Better..."
Naperville, IL 60540
(630) 355-6400