

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 60

Amount Per Serving

Saffron extract (*Crocus sativus*) (dried flower) 176.5 mg*

* Daily value not established.

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silica and coating (hypromellose, hydroxypropyl cellulose, macrogol).

DIRECTIONS:

TAKE 1 TABLET ONCE OR TWICE DAILY AS A DIETARY SUPPLEMENT.

- Keep out of reach of children.
- Store at 15-30°C (59-86°F).
- Protect from heat, light and moisture.
- Do not use if inner seal is broken.

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6 Henderson Drive, West Caldwell, NJ 07006

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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Americans may know saffron as the world's most expensive spice, but to the people of the Mediterranean, it is valued even more for its wide-ranging health benefits. In fact, saffron has been an important part of traditional medicine dating back to the days of ancient Greece and Rome.†

Saffron also has a well-deserved reputation as a mood enhancer, as is illustrated by the Persian saying, "Eat saffron and you will learn to smile again." Modern scientific research now suggests that saffron's mood-brightening ability may be a result of its effect on serotonin, a powerful brain chemical that not only controls mood, but which also helps to curb cravings and control appetite. That's great news for anyone looking to manage their weight by reducing caloric intake, and it's why Saffron is formulated with a highly concentrated extract of the legendary Mediterranean herb.†

Saffron can help you to trim your appetite, and that's the real secret to managing your weight!†



DOUBLE STRENGTH

SAFFRON

(*Crocus Sativa Extract*)

SAFFRON EXTRACT

176MG

with **SAFFRON**

- Helps Control Appetite
- Controls Carbohydrate Craving
- Helps Reduce Snacking

60

Tablets

Dietary
Supplement

