## Amazing Grass is the most potent, convenient & affordable way to help achieve your 5 + daily servings of vegetables.

- Increases & sustains energy naturally
- Detoxifies & cleanses your body
- High alkalinity helps balance acidic pH levels
- Strengthens immune system
- Complete food with enzymes & all essential amino acids
- Natural source of antioxidants to help repair damaged cells
- Field grown outdoors through winter
- Vegan, Gluten Free and Raw

## Per 8 gram serving, Amazing Grass Wheat Grass offers:

- A naturally balanced source of Phytonutrients & Carotenoids
- 2x more dietary fiber than an 8 gram serving of oat bran
- 2x more iron than a 30 gram serving of fresh spinach
- Excellent source of folic acid, beta carotene & vitamin C
- 25% Green vegetable protein
- 100% Whole leaf powder...Not from juice!

These statements have not been evaluated by the Food & Drug Administration. This product in not intended to diagnose, treat, cure or prevent any disease.

Distributed by: Amazina Grass P.O. Box 475576 San Francisco, CA 94147

Certified





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BEST KEPT FROZEN OR REFRIGERATED AFTER OPENING

Great smoothie recipes http://www.amazinggrass.com/wheat-grass-recipes.html



Gluten Free & Raw

WHEAT **GRASS** 

POWDER



Supports body alkalinity

Boosts energy & immune system

NET WT. 17 oz. (480 g)

60 SERVINGS

## **Supplement Facts**

Servings Size - 1 scoop (8 grams) Servings per container 60

Amount Per Serving		% Daily Value	
Calories 35			
Calories from fat 0		0%	
Total Fat 0g		0%	
Cholesterol 0g		0%	
Protein 2g		4%	
Total Carbohydrate	4g	1%	
Dietary Fiber 2g		8%	
Vitamin A 3800 IU	80%	Cobalamin (B12) 0.1mcg	2%
(100% as Betacarotene)		Calcium 35mg	4%
Vitamin C 17mg	30%	Iron 2mg	10%
Vitamin K 80mcg	100%	lodine 18mcg	10%
Riboflavin 0.6mg	35%	Selenium 8mcg	10%
Niacin 0.6mg	4%	Manganese 548mcg	25%
Vitamin B6 0.1mg	4%	Sodium 2mg	0%
Folic Acid 80mcg	20%	Potassium 230mg	6%

Percent Daily Values are based on a 2000 calorie diet \*\* Daily Value not established

**Suggested Use:** Mix 1 scoop with 8 To 16 oz. of your favorite juice or water. We like orange, apple, grape juice or even in a smoothie. Take it first thing in the morning to jump-start your day! We recommend 1-3 servings daily.

**Ingredients:** Organic whole leaf wheat grass powder (triticum aestivum)

## **ENERGIZING GREEN SMOOTHIE:**

1 serving of Amazing Grass 1/2 banana

Chlorophyll 42mg \*\*

1 cup of apple juice

1/4 cup of frozen berries

Blend, Alkalize & Energize!