

SUGGESTED USE: 1 HEAPING SCOOP (15 G) MIXED WITH 8 OZ. OF CHILLED WATER OR BEVERAGE OF CHOICE, OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL.

WARNING: IF TAKING MEDICATION, PREGNANT OR NURSING CONSULT A PHYSICIAN BEFORE USING.

KEEP OUT OF REACH OF CHILDREN.
STORE SEALED IN A COOL, DRY PLACE.



Manufactured For:
Moss Nutrition
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*Comprehensive Blend of
Soluble & Insoluble Fibers*

Dietary Supplement
Net Wt: 450 g (15.8 oz)

Supplement Facts

Serving Size: 1 heaping scoop, (15 grams/.53 oz)

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	50	
Total Carbohydrates	13 g	4%*
Dietary Fiber	10 g	41%*
Soluble Fiber	7 g	**
Insoluble Fiber	3 g	**
Sugars	2 g	**
Vitamin A (as beta carotene)	1250 IU	25%
Vitamin C (as ascorbic acid)	30 mg	50%
Vitamin E (as d-alpha tocopheryl succinate)	15 IU	50%
Sodium	5 mg	<1%
Potassium	20 mg	1%

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Ingredients: Fiber blend (maltodextrin (non-GMO), oat fiber, polydextrose, acacia gum, purified cellulose, inulin, cellulose gel, guar gum, fenugreek fiber, citrus pectin, apple fiber, barley beta glucans), cane sugar, citric acid, natural flavors, medium chain triglycerides, soy lecithin, beet juice, lactobacillus acidophilus, stevia leaf extract.

Contains milk (from *L. acidophilus*) and soy. Manufactured in a facility that processes milk, soy, eggs, nuts and wheat.

Does not contain gluten.