

swanson.com
or call 1-800-437-4148

- Helps build and support strong bones
 - Fortified with 50 IU of vitamin D to help improve calcium absorption
 - Harvested responsibly from above-the-sea sources
- Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one capsule three times per day with food and water.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Coral Calcium Complex

Strong, Healthy Bones

2:1 CALCIUM TO MAGNESIUM RATIO

DIETARY SUPPLEMENT | 180 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Vitamin D	1.25 mcg	6%
(as cholecalciferol)		
Calcium	250 mg	19%
(from coral mineral powder)		
Magnesium	125 mg	30%
(from magnesium carbonate, magnesium oxide, and coral mineral powder)		

Other ingredients: Gelatin, magnesium stearate, silica, microcrystalline cellulose (plant fiber).

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