

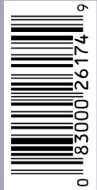
The USDA has established that fiber is an essential part of a healthy diet, which can be accomplished by eating a variety of fruits, vegetables and whole grains every day. If you 'fall short' in your fiber intake, **Nature's Answer® Liquid Fiber** can help you meet your goal.

Nature's Answer® Liquid Fiber provides 14 grams of soluble fiber per serving in a delicious lemon-lime flavor that is pre-mixed for your convenience. You can take it as is, or add it to your favorite beverage without any mixing or stirring.

- Promotes regularity & digestive health*
- Supports healthy intestinal flora*
- Soluble Fiber promotes 'Feeling Full'*
- Supports a Healthy Immune system*
- Instant and Easy-No Messy Mixing

Polydextrose is a low-calorie form of fiber that can help you feel full. It also supports the growth of friendly intestinal flora.*

FOS Inulin-(Fructo-Oligosaccharides) is a natural fiber extracted from agave that offers a delicious sweet flavor. FOS supports the growth of beneficial intestinal flora which promotes a healthy & efficient digestive system.*



*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by: Nature's Answer®
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NATURE'S ANSWER
Since 1972

LIQUID FIBER

14 GRAMS OF SOLUBLE FIBER PER SERVING

DIETARY SUPPLEMENT

SUPPORTS DIGESTIVE HEALTH*



16 FLUID OZ | 480 mL

LEMON-LIME FLAVORED

GLUTEN FREE

Supplement Facts

Serving Size 2 Tbsp (30 mL)
Servings Per Container 16

Amount Per Serving	% Daily Value	
Calories	40	
Total Carbohydrate	18 g	6%*
Dietary Fiber	14 g	56%
Total Sugars	1 g	†
Proprietary Fiber Blend:	14 g (14,000 mg)	†
Polydextrose, Inulin FOS (Fructooligosaccharides) (from agave)		

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Purified Water, Maltodextrin, Acacia Gum, Potassium Sorbate, Citric Acid, Natural Flavors, Sodium Citrate.

Directions: As a dietary supplement take 1oz (2 tablespoons) daily or as directed by a healthcare practitioner. **Nature's Answer® Liquid Fiber** can be taken "as is" or added to any food or beverage. Always consume adequate amounts of water throughout the day when taking fiber products.

Shake well before use. Refrigerate after opening.

Caution: Consult your healthcare practitioner before use with serious health conditions or if taking prescription medications. Do not use if pregnant or nursing. In case of intestinal discomfort during use, reduce amount or discontinue use of the product.

Keep out of reach of children.