

Natures Plus®

Source of Life

**POWER
TEEN®**

*High Potency
Teenage Multivitamin*

for Her

with
**Feminine Complex
& Probiotics**

NATURAL WILD BERRY FLAVOR
Sugar Free

**GLUTEN
Free**

60 Chewable Tablets

Nutritional Support for Natural Energy Production and Overall Well-Being.*

VEGETARIAN • HYPO-ALLERGENIC. Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Supplement Facts

Serving Size 2 Chewable Tablets **Servings Per Container 30**

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	3g	1% **
Xylitol	3g	†
Vitamin A (as beta carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol from lichen)	500 IU	125%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Vitamin K2 (as menaquinone-7)	80 mcg	100%
Thiamin (vitamin B1) (as thiamine HCl)	1.9 mg	125%
Riboflavin (vitamin B2)	2.1 mg	125%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	2.5 mg	125%
Folate (as calcium-L-5-methyltetrahydrofolate)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	7.5 mcg	125%
Biotin	63 mcg	21%
Pantothenic Acid (as calcium pantothenate)	12.5 mg	125%
Calcium (as di-calcium phosphate; citrate)	100 mg	10%
Iron (as fumarate; gluconate)	9 mg	50%
Magnesium (as citrate, oxide)	10 mg	3%
Zinc (as aspartate, oxide)	15 mg	100%
Selenium (as selenomethionine)	35 mcg	50%
Manganese (as gluconate)	1 mg	50%
Chromium (as picolinate)	60 mcg	50%
Molybdenum (as sodium molybdate)	37.5 mcg	50%
Potassium (as citrate)	1.4 mg	<1%

Feminine Complex with BlemiShield™ – Cranberry (<i>Vaccinium macrocarpon</i>), Fenugreek (<i>Trigonella foenum-graecum</i> seed extract) (standardized galactomannan), Yam (<i>Dioscorea villosa</i> root), <i>Streptococcus thermophilus</i> (1 billion viable cells at time of manufacture)	110 mg †
Lemon Bioflavonoid Complex (from <i>Citrus limon</i> fruit)	40 mg †

* * Percent Daily Values (DV) are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Natural flavors, natural raspberry flavor, natural cherry flavor, citric acid, magnesium stearate, guar gum, natural color (beet), stevia (rebaudioside A, stevioside), rose hips (*Rosa canina* fruit), non-GMO rice protein, papaya, carrot, mango fruit, spinach, broccoli, spirulina (naturally rich in essential nutrients), West Indian cherry (*Malpighia glabra* fruit), inositol, choline, potassium citrate.

Manufactured with LOVE ♥ by **Natural Organics Laboratories, Inc.**, makers of **Nature's Plus**
9500 New Horizons Blvd.
Amityville, New York 11701, USA

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Made with **Vitashine™**

Manufactured with LOVE ♥ by **Natural Organics** **PRODUCT NO. 30004**



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